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EMERGENCY NUMBERS

EMERGENCY (POLICE, AMBULANCE, FIRE) 000
ACCOMMODATION YOUTH HOTLINE 1800 424 830
ALCOHOL & DRUG INFORMATION SERVICE 1800 422 599
CHILD PROTECTION AND FAMILY CRISIS SERVICE 1800 066 777
DOMESTIC VIOLENCE HOTLINE 1800 656 463
EMERGENCY YOUTH ACCOMMODATION 1800 424 830
HOSPITAL – GOSFORD 4320 2111
HOSPITAL – WYONG 4393 8000
KIDS HELP LINE 1800 551 800
I’M OK LINE 1800 424 730
INCEST COUNSELLING RESOURCE CENTRE 1800 654 119
LEGAL AID HELPLINE 1800 806 913
LEGAL AID HOTLINE 1800 101 810
LIFELINE 13 11 14
MENTAL HEALTH CENTRAL INTAKE 1800 011 511
OMBUDSMAN 1800 451 524
POLICE ASSISTANCE LINE (PAL) 13 14 44
RAPE CRISIS SERVICE 1800 424 017
TRANSLATION AND INTERPRETATION SERVICE 131 450
YOUTH SUICIDE HELP LINE 1800 191 919
2010 GAY & LESBIAN YOUTH AND FAMILY SUPPORT 1800 652 010
WESLEY DALMAR - OOH CENTRAL COAST
Wesley Mission
Unit 3, 13 Anzac Rd, Tuggerah
PO Box 3516, Tuggerah, NSW, 2259

Phone: (02) 4305 3300
Fax: (02) 4352 3734
Email: ccfostercare@wesleymission.org.au
Hours Open: Monday – Friday 9am – 5pm
Service Description:
Provide a safe and caring family for children and young people aged 0-17 years of age who cannot live at home.

CENTRAL COAST INDEPENDENT LIVING PROGRAM
Wesley Mission
PO Box 361, Ourimbah, NSW, 2258

Phone: (02) 4329 6501
Fax: (02) 4328 4798
Email: ccilp@wesleymission.org.au
Web: www.wesleymission.org.au
Hours Open: Monday – Friday 9am – 5pm (Please use answering machine if office un-maned)
Service Description:
A living skills and semi-supported accommodation program with the provision of case management support for young people aged 16 – 25 who are homeless or at risk of becoming homeless. Focus: learn and maintain living, domestic & social skills; maintain accommodation; engage in working, studying or parenting of a young child.
ABORIGINAL YOUTH HEALTH WORKER
NSCCAHS
Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333
Fax: (02) 4356 9350
Email: ccyhs@nsccahs.health.nsw.gov.au

Service Description:
Aboriginal Youth Health Worker: provides young Aboriginal people with health information, resources and skills for minimising health risks. Implements strategies to access young Aboriginal people in Gosford and Wyong LGAs. Advocates for development of appropriate youth services, and develop and implement health promotion and educational campaigns appropriate to young Aboriginal people. Contact the Worker on Duty at Youth Health or the Aboriginal Youth Health Worker, Monday to Friday, ph 4356 9333.

For other information about the Youth Health Service, see also Accommodation, ChIPS, Counselling, Drug and Alcohol Services, Health Services, Youth GP Clinics, Youth Health Clinic, Youth Health Outreach Worker, and Worker on Duty. Ph 4356 9333

PARKSIDE

Parkside Building, 123 Donnison St Gosford
Po Box 1296, Gosford, NSW 2250

Phone: (02) 4323 1060
Fax: (02) 4323 7453
Email: parkside@parksideyouth.com.au

Service Description:
Parkside is Multi Service Youth Service Centre, initiated by Regional Youth Support Services Inc and Employment Training (ET Australia). At present, Parkside houses 5 independent Youth Services. ARC, Post School Options, ET Australia, The Smith Family, Regional Youth Support Services, Youth Arts Warehouse and BWAC The New Apprenticeship Centre. ARC, A youth and family service of Relationships Australia (nsw). Funded by the Government to provide support, information and advocacy to young people aged 16 – 25, who have been in care of the Department and are making their way to independent living.
YOUTH HEALTH WORKER
NSCCAHS

*Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong*
*PO Box 361, Gosford, NSW 2250*

**Phone:** (02) 4356 9333
**Fax:** (02) 4356 9350
**Email:** ccyhs@nsccahs.health.nsw.gov.au

**Hours Open:** Monday – Friday 8:30am – 5:00pm, except public holidays

**Service Description:**
Youth Health Outreach Worker: provides homeless and at-risk young people with health information, resources and skills for minimising health risks. Implements strategies to improve access to health services for homeless and at-risk young people in Gosford and Wyong LGAs. Advocates for development of appropriate youth services, and develop and implement health promotion and educational campaigns appropriate to homeless and at-risk young people. Contact the Worker on Duty at Youth Health or the Youth Health Outreach Worker, Monday to Friday, ph 4356 9333.

For other information about Youth Health Service, see also Accommodation, Aboriginal Youth Health Worker, Drug and Alcohol Services, ChIPS, Counselling, Health Services, Youth GP Clinics, Youth Health Clinic and Worker on Duty. Ph 4356 9333

PATHWAYS
Baptist Community Services

*187 Pollock Ave, Wyong*
*Po Box 796, Wyong, NSW 2259*

**Phone:** (02) 4351 2736
**Fax:** (02) 4353 5010
**Mobile:** 0418 415 488
**Email:** pathways@bcs.org.au or sgribble@bcs.org.au
**Web:** [www.bcs.org.au](http://www.bcs.org.au)

**Hours Open:** Monday-Friday: 9:00am – 5:30pm

**Service Description:**
BCS Pathways is an Out Of Home Care Youth Accommodation Service, providing seven day residential care to six young people aged between 12 &17 years in the care of Community Services.
HOUSING NSW - Wyong Office
Suites 4/5 Plaza Village, 36 Alison Rd, Wyong, NSW, 2259

Phone: (02) 4352 9600
Fax: (02) 4352 4411

Hours Open: Mon, Tue, Thu, Fri 8:30am – 4:30pm, Wed 1:00pm – 4:30pm

Service Description:
To provide affordable, safe and appropriate housing for low income earners for residents of NSW. Provision of public housing to eligible applicants. Assistance with bond for private renters who are eligible under the Rental Assistance Scheme.

HOUSING NSW - Gosford Office
106-108 Erina St, Gosford, NSW, 2250

Phone: (02) 4323 5211
Fax: (02) 4323 5200

Hours Open: Mon, Tue, Thu, Fri 8:30am – 4:30pm, Wed 1:00pm – 4:30pm

Service Description:
To provide affordable, safe and appropriate housing for low income earners for residents of NSW. Provision of public housing to eligible applicants. Assistance with bond for private renters who are eligible under the Rental Assistance Scheme.

HOUSING NSW – After Hours Temporary Accommodation Line

Phone: 1800 152 152

YOUTH EMERGENCY ACCOMMODATION HOTLINE

Phone: 1800 424 830

Service Description:
Provides a referral and information service across NSW to young people aged 12-24 who are homeless or at risk of homelessness. Updated on Monday, Wednesday & Friday by 9:30am. Lists all rural vacancies & the region in which they are located. Most services are suitable for locals only.
OUTREACH TEAM
Samaritans
Po Box 564, Wyong, NSW 2259

Phone: (02) 4351 1922 or Freecall 1800 037 786
Fax: (02) 4353 5337
Email: ctubnor@samaritans.org.au or plyall@samaritans.org.au or kturnbull@samaritans.org.au
Web: www.samaritans.org.au
Hours Open: 9:00am – 5:00pm

Service Description:
Outreach case management and support to young people between 14 and 24 experiencing or at risk of homelessness across the central coast. Assistance with government departments, linking in with appropriate services, mediation, information, advocacy and short term transitional housing.

STEPPING STONES YOUTH CRISIS REFUGE
Samaritans
Po Box 564, Wyong, NSW 2259

Phone: (02) 4351 1922 or Freecall 1800 037 786
Fax: (02) 4353 5337
Email: steppingstones@samaritans.org.au
Web: www.samaritans.org.au
Hours Open: Seven days per week, 24hrs per day.

Service Description:
Crisis Accommodation for young people between the ages of 12 and 17 for up to 3 months.

COMMUNITY HOUSING – Compass Housing Services
4/210 Central Coast Highway, Erina NSW 2250
Phone: (02) 4365 0855
Fax: (02) 4365 6342
147 Main Road Toukley NSW 2263
Phone: (02) 4396 5222
Fax: (02) 4397 1107

Web: www.compasshousing.org
RUMBALARA LODGE
Coast Shelter
Po Box 1234, Gosford, NSW 2250

Phone: (02) 4325 7555
Fax: (02) 4325 0453
Email: rumbalara@coastshelter.org.au
Web: www.coastshelter.org.au
Hours Open: Contact for information
Service Description:
Rumbalara Lodge is a medium-term youth accommodation for young people who are homeless or at risk of homelessness. We provide a living skills program and clients are expected to be involved in earning or learning for 30 hours per week.

COAST SHELTER
Rear 97 Donnison St, Gosford
Po Box 1234, Gosford, NSW 2250

Phone: (02) 4325 3540 or (02) 4324 7239 (24hr Accommodation)
Fax: (02) 4324 7876
Email: admin@coastshelter.org.au
Web: www.coastshelter.org.au
Hours Open: Contact for information
Service Description:
To provide crisis and medium term accommodation for young people, families and single men and women. Provision of medium term accommodation for homeless young people.
MAYA YOUNG WOMEN’S REFUGE

Coast Shelter
102 Manns Rd, Narara
Po Box 1234, Gosford, NSW 2250

Phone: (02) 4323 1636
Fax: (02) 4323 3952
Email: maya@coastshelter.org.au
Web: www.coastshelter.org.au
Hours Open: Contact for information

Service Description:

Maya Cottage is one of five refuges auspiced by Coast Shelter. Maya is a medium term youth refuge designed to meet the needs of homeless young women aged between 14 and 18 years. Maya operates in much the same way as an extended family where girls live together in a caring and relaxed environment. It can accommodate six residents and places emphasis on a “Living Skills Program” dedicated to assisting each resident to continue to grow and develop throughout their teenage years.

PACIFIC LINK COMMUNITY HOUSING

39 William St, Gosford

Phone: 1300 654 973 or (02) 4324 7617
Fax: (02) 4323 3952
Email: info@pacificlink.org.au
Web: www.pacificlink.org.au
Hours Open: Mondays 9:00am – 5:00pm

Service Description:

Affordable secure housing for customers in greatest need. Waiting list may apply

Y FOUNDATION (PREVIOUSLY YAA)

Phone: 1800 424 830 (Accommodation or (02) 9698 5833 (General)
WOY WOY YOUTH COTTAGE

Samaritans

Po Box 3133 Umina, NSW 2257

Phone: (02) 4341 9027
Fax: (02) 4341 4231
Email: wwyc18@hotmail.com
Hours Open: Seven Days, 24 hrs
Service Description:
Provides short term crisis accommodation for young people aged 12 – 17 yrs
CENTRELINK OFFICES

Human Services

ETTALONG 241 OCEAN VIEW RD.
WOY WOY 87-89 BLACKWALL RD.
GOSFORD 9 WATT ST.
WYONG 47 HELY ST.
THE ENTRANCE 16-18 FAIRVIEW AVE.
LAKE HAVEN LOT 14 BANNISTER DR.

LOCKED BAG 2, REGENTS PARK DC, NSW 2143 (for all offices)

EMPLOYMENT SERVICES 132850
YOUTH AND STUDENTS SERVICES 132490
FAMILY ASSISTANCE OFFICE 136150
DISABILITIES, SICKNESS AND CARERS 132717
INDIGENOUS CALL CENTRE 136380
ABSTUDY 132317
INTERNATIONAL SERVICES 131673
RETIREMENT SERVICES 132300
IN LANGUAGES OTHER THAN ENGLISH 131202
CUSTOMER RELATIONS Freecall 1800 050 004
TTY ENQUIRIES Freecall 1800 810 586

Web: www.centrelink.gov.au
Hours Open: Monday – Friday 8:30am – 5pm

Service Description:
Centrelink assists people to become self-sufficient and supports those in need.
ST VINCENT DE PAUL SOCIETY
Broken Bay Diocese
203/1 Katherine St, Chatswood
PO Box 1246, Chatswood, NSW, 2057

Phone: (02) 9495 8306
Fax: (02) 9415 3193
Email: bbayyouth@vinnies.org.au
Web: www.vinnies.org.au

Hours Open: Monday – Friday 9am – 5pm
Service Description:
We run a Kids Camp program in the school holidays for children aged between 7 and 13. We also provide volunteering opportunities to young people over the age of 16.

THE SMITH FAMILY SHOP
The Smith Family
8 Community Rd, Bateau Bay
PO Box 10500, Bay Village, NSW, 2261

Phone: (02) 43347844
Web: www.thesmithfamily.com.au

Hours Open: Monday – Friday 9am – 4pm, Saturday 9am – 1pm
Service Description:
The provision of clothing, Manchester, furniture, other household goods, books and toys at an affordable price.
CENTRAL COAST COMMUNITY COUNCIL
1 Bay Village Rd, Bateau Bay, NSW 2261

Phone: (02) 4333 4401
Fax: (02) 4333 4402
Email: admin@thecccc.org.au
Web: www.thecccc.org.au
Hours Open: Monday – Thursday 9:00am – 4:00pm
Service Description:
The CCCC provides advocacy and support to all community organisations on the Central Coast as the regional peak body. We work in partnership with local community organisations, NCOSS and ACOSS to ensure any gaps in community services are advocated at regional, state and national levels.

NEW STEPS HOME VISITING
Uniting Care Burnside
Level 2, 15 Watt St, Gosford
PO Box 2061, Gosford, NSW 2250

Phone: (02) 4325 9600
Fax: (02) 4324 3588
Email: rrichardson@burnside.org.au
Web: www.burnside.org.au
Hours Open: Monday – Friday 9:00am – 5:00pm
Service Description:
A free service for parents with children aged 0 – 2 who are living on the Central Coast. The service offers parents support through pregnancy and those early childhood years. The young parent case worker can provide support, advocacy and information to parents aged up to 24 years.
All referrals are to be directed to the Central Intake line which is 1800 067 967
‘VINNIES’ CENTRES
St Vincent de Paul Society

Vinnies Gosford
273-275 Mann St, Gosford
Phone: (02) 4324 4933
Hours Open: Monday – Friday 9:00am – 4:00pm, Saturday 9:30am – 12:30pm

Vinnies Wyong
124 Railway St, Wyong
Phone: (02) 4353 1344
Hours Open: Monday – Friday 9:00am – 4:00pm, Saturday 9:00am – 12:00pm

Vinnies East Gosford
81 Victoria St, East Gosford
Phone: (02) 4325 5431
Hours Open: Monday – Friday 9:00am – 4:00pm, Saturday 9:00am – 12:00pm

Vinnies Woy Woy
41 The Boulevarde, Woy Woy
Phone: (02) 4344 3261
Hours Open: Monday – Friday 9:00am – 4:00pm, Sat 9:00am – 12:00pm, Sun 10:00am – 2:00pm

Vinnies The Entrance
11 Victoria St, The Entrance
Phone: (02) 4332 3776
Hours Open: Monday – Friday 9:00am – 4:00pm, Sat 9:00am – 12:00pm, Sun 10:00am – 2:00pm

Vinnies Toukley
173 Main Rd, Toukley
Phone: (02) 4396 3001
Hours Open: Monday – Friday 9:00am – 4:00pm, Sat 9:00am – 12:00pm

Vinnies Umina
344 West St, Umina
Phone: (02) 4341 7091
Hours Open: Monday – Friday 9:00am – 4:00pm, Sat 9:00am – 12:00pm
SALVOS STORES
Salvation Army

Salvo’s Gosford
348 Mann St, Gosford
Phone: (02) 4325 3101
Hours Open: Monday – Friday 8:30am – 4:00pm, Saturday 9:00am – 2:00pm

Salvo’s West Gosford
30 B Central Coast Hwy, West Gosford
Phone: (02) 4322 1755
Hours Open: Monday – Friday 9:00am – 5:00pm, Saturday 9:00am – 2:00pm

Salvo’s Woy Woy
74 Rawson Rd, Woy Woy
Phone: (02) 4343 1104
Hours Open: Monday – Friday 9:00am – 5:00pm, Saturday 9:00am – 2:00pm

Salvo’s Tuggerah
182 Pacific Hwy, Tuggerah
Phone: (02) 4351 5873
Hours Open: Monday – Friday 9:00am – 5:00pm, Sat 9:00am – 2:00pm
OASIS YOUTH CENTRE
Salvation Army
Cnr Hely and Anzac Sts, Wyong
Po Box 57 Wyong, NSW 2259

Phone: (02) 4353 9799
Fax: (02) 4353 9550
Email: stuart.grice@aue.salvationarmy.org
Hour Open: Monday – Friday 9:00am – 5:00pm
Service Description:
Support, information and recreational activities for 12-24 years including: Case management, AOD support, Court support, Anger management, Training (accredited and non-accredited), Sport and Rec centre (climbing wall, sports court, skatepark, games tables, computer games and more), Thoughtful Food & Clothing (second hand store), Regen and Genr8 (female and male school based programs), Work experience and School Holiday programs.

MUSICIANS MAKING A DIFFERENCE
1/342 Mann St Gosford, NSW 2250

Phone: (02) 4322 5350
Fax: (02) 8208 9846
Email: info@mmad.org.au
Web: www.mmad.org.au
Hours Open: Monday, Tuesday, Thursday and Friday by appointment
Service Description:
Musicians Making A Difference (MMAD) is a charity targeting chronically homelessness youth, young offenders and long-term unemployed youth. MMAD uses innovative music, dance and mentoring programs to address the emotional, social & physical needs of young people aged between 14 & 25.
JAMES MITCHELL CARE AND LEARNING CENTRE
Gosford City Council
51 Japonica Drive, Wyoming
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4324 1252
Fax: (02) 4325 2488
Hours Open: Monday – Friday 8:30am – 3:30pm
Service Description:
Not for Profit service, Licensed and accredited long day care and occasional childcare. Higher than recommended staff ratios, welcoming and nurturing environments with established and well resourced facilities. Nutritious hot and cold meals with inclusive practices for the development of all children.

KARIONG CHILD CARE CENTRE
Gosford City Council
46 Langford Dr, Kariong
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4340 1823
Fax: (02) 4340 4860
Hours Open: Monday – Friday 7:30am – 6:30pm
Service Description:
Not for Profit service, Licensed and accredited long day care and occasional childcare. Higher than recommended staff ratios, welcoming and nurturing environments with established and well resourced facilities. Nutritious hot and cold meals with inclusive practices for the development of all children.
MICHAEL BURNS CHILDREN’S CENTRE
Gosford City Council
4/20-22 Kincumber St, Kincumber
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4363 1707
Fax: (02) 4369 6283

Hours Open: Monday – Friday 7:00am – 6:00pm

Service Description:
Not for Profit service, Licensed and accredited long day care and occasional childcare. Higher than recommended staff ratios, welcoming and nurturing environments with established and well resourced facilities. Nutritious hot and cold meals with inclusive practices for the development of all children.

NIAGARA PARK CHILDREN’S CENTRE
Gosford City Council
209 Narara Valley Dr, Niagara Park
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4328 5485
Fax: (02) 4328 5002

Hours Open: Monday – Friday 7:00am – 5:30pm

Service Description:
Not for Profit service, Licensed and accredited long day care and occasional childcare. Higher than recommended staff ratios, welcoming and nurturing environments with established and well resourced facilities. Nutritious hot and cold meals with inclusive practices for the development of all children.
PAPAYLA CHILDREN’S CENTRE
Gosford City Council
6 Woodport Cl, Erina
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4367 6160
Fax: (02) 4367 6120
Hours Open: Monday – Friday 7:00am – 6:00pm

Service Description:
Not for Profit service, Licensed and accredited long day care and occasional childcare. Higher than recommended staff ratios, welcoming and nurturing environments with established and well resourced facilities. Nutritious hot and cold meals with inclusive practices for the development of all children.

TERRIGAL CHILDREN’S CENTRE
Gosford City Council
4 Duffy’s Rd, Terrigal
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4385 1088
Fax: (02) 4385 3389
Hours Open: Monday – Friday 7:00am – 6:00pm

Service Description:
Not for Profit service, Licensed and accredited long day care and occasional childcare. Higher than recommended staff ratios, welcoming and nurturing environments with established and well resourced facilities. Nutritious hot and cold meals with inclusive practices for the development of all children.
UMINA CHILD CARE CENTRE
Gosford City Council
10 Australia Ave, Umina
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4342 3633
Fax: (02) 4344 5418
Hours Open: Monday – Friday 7:30am – 6:00pm
Service Description:
Not for Profit service, Licensed and accredited long day care and occasional childcare. Higher than recommended staff ratios, welcoming and nurturing environments with established and well resourced facilities. Nutritious hot and cold meals with inclusive practices for the development of all children.

WYONG LITTLE LEARNERS CHILDCARE CENTRE
8a Amy Close, Wyong NSW 2259

Phone: (02) 4353 4967
Fax: (02) 4353 0349
Web: www.wyonglittlelearners.com.au
Hours Open: Monday – Friday 7:00am – 6:00pm

NORTH WYONG WADALBA CHILDCARE CENTRE
27 Amsterdam Cres North Wyong NSW 2259

Phone: (02) 4352 2005
Mobile: 0448 097 775
Web: www.northwyongchildcare.com.au
Hours Open: Monday – Friday 6:30am – 6:00pm

KIDS KORNER
CC1 Westfield Shoppingtown, Tuggerah NSW 2259

Phone: (02) 4353 4545
Fax: (02) 4353 4548
Web: www.kidskorner.net.au
Hours Open: Monday – Friday 6:30am – 6:30pm
COMMUNITY SERVICES

Human Services

Charlestown CSC
309 Charlestown Rd, Charlestown
Po Box 585, Charlestown, NSW 2290
Phone: (02) 4385 1500
Fax: (02) 4385 1599

Gosford CSC
The Gateway Centre, 231-237 Mann St, Gosford
Po Box 1392, Gosford, NSW 2250
Phone: (02) 4336 2400
Fax: (02) 4336 2429

Wyong CSC
9 Hely St, Wyong
Po Box 65, Wyong, NSW 2259
Phone: (02) 4352 6500
Fax: (02) 4352 6599

KEEP THEM SAFE - GUIDES

Phone: 1800 772 479

CHILD PROTECTION HOTLINE

Phone: 133 627 (Mandatory Reporters)
Phone: 132 111 (Public)
THE AFTERCARE RESOURCE CENTRE
Relationships Australia
Parkside Building, 123 Donnison St, Gosford NSW 2250

Phone: (02) 4322 3659
Mobile: 0423 029 961
Fax: (02) 4322 3659
Email: arc@ransw.org.au
Web: www.nsw.relationships.com.au
Hours Open: Monday – Friday 8am – 4pm

Service Description:
The ARC provides support, information and resources to assist young people who have left or are about to leave out-of-home care. The support may be for housing, education, budgeting, parenting, or referral to other appropriate agencies as required. We can also help you to access our ward file and provide support while you read it.

STAYING HOME LEAVING VIOLENCE
Centacare
53 Hely St, Wyong, NSW 2259

Phone: (02) 4350 1730 and (02) 4350 1748
Mobile: 0448 888 972
Fax: (02) 4350 1701
Email: kim.mcintyre@dbb.org.au and diane.dunning@dbb.org.au
Hours Open: Monday – Friday 8:30am – 5pm

Service Description:
To assist women with or without children to stay safely in their home or a home of their choice and have the violence leave. We assist through the Apprehended Violence Order process, court, safety plans/audits, assist with security, Domestic & Family Violence education, referrals, Family Law and case management.
PATHWAYS
Baptist Community Services
187 Pollock Ave, Wyong
Po Box 796, Wyong, NSW 2259

Phone: (02) 4351 2736
Fax: (02) 4353 5010
Mobile: 0418 415 488
Email: pathways@bcs.org.au or sgribble@bcs.org.au
Web: www.bcs.org.au

Hours Open: Monday-Friday: 9:00am – 5:30pm

Service Description:
BCS Pathways is an Out Of Home Care Youth Accommodation Service, providing seven day residential care to six young people aged between 12 and 17 years who are in the care of Community Services.
COMMUNITY DEVELOPMENT
Gosford City Council
53-71 Mann St, Gosford
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4325 8351
Fax: (02) 4325 8870
Email: alison.amos@gosford.nsw.gov.au

Hours Open: Monday – Friday 8am – 5pm

Service Description:
Community Development is the process or effort of building community capacity on a local level with emphasis on forging and strengthening social ties, building economy, and developing the not for profit sector. Incorporating Childcare, Youth Services, Community Partnerships, Seniors Services, Heritage Services and Aboriginal Programs.

YOUTH SERVICES
Youth Connections
Unit 6/1 Reliance Dr, Tuggerah Business Park, Tuggerah
PO Box 3557 Tuggerah, NSW 2259

Phone: (02) 4350 2600
Fax: (02) 4350 2601
Email: maggie@youthconnections.com.au
Web: www.youthconnections.com.au

Hours Open: Monday – Friday 8:30am – 5:00pm

Service Description:
Youthconnections.com.au’s strategic goal is about “providing employment, education, training and recreational opportunities for young people to help them realise their full potential.”

We touch the lives of over 6000 young people annually; work with a database of 1200 local employers to place youth in work placement for their HSC or entry level positions; operate from every high schools and TAFE campus on the Central Coast; have a commitment to work with our most vulnerable and disenfranchised youth, Aboriginal and disability and have developed programs, services and resources to ensure these young people are not left behind.
YOUTH ARTS WAREHOUSE
Regional Youth Support Service
Parkside Building, 123 Donnison St Gosford
PO Box 1300, Gosford, NSW 2250

Phone: (02) 4323 2374
Fax: (02) 4323 3796
Email: administration@ryss.com.au
Web: www.youthartwarehouse.com.au
Hours Open: Various
Service Description:
The Youth Arts Warehouse is a contemporary leading-edge facility providing young people (12-24) with professional art programming which creates artistic, cultural and professional development opportunities for young and emerging artists on the Central Coast.

NORTH WYONG SHIRE YOUTH ARTS SERVICE
Wyong Neighbourhood Centre
Old Primary School, Cnr Rankin Ct and Alison Rd, Wyong
PO Box 411 Wyong, NSW 2259

Phone: (02) 4353 1750
Fax: (02) 4352 1209
Mobile: 0488 129 222
Email: madalyn@wyongneighbourhoodcentre.org.au
Hours Open: Monday – Thursday 9:30am – 4:30pm
Service Description:
NWSYAS implements, facilitates and advocates skills and professional based contemporary arts and culture projects, events, workshops and opportunities for young people (12-18yrs) living throughout Wyong Shire and the regions young emerging artists (18-25yrs), through employment, training and mentoring opportunities.
CENTRAL COAST COMMUNITY COUNCIL
1 Bay Village Rd, Bateau Bay, NSW 2261

Phone: (02) 4333 4401
Fax: (02) 4333 4402
Email: admin@thecccc.org.au
Web: www.thecccc.org.au
Hours Open: Monday – Thursday 9:00am – 4:00pm
Service Description:
The CCCC provides advocacy and support to all community organisations on the Central Coast as the regional peak body. We work in partnership with local community organisations, NCOSS and ACOSs to ensure any gaps in community services are advocated at regional, state and national levels.

EARLY INTERVENTION AND ACTIVITIES CENTRE
Samaritans
10-12 Debra Anne Dr, Bateau Bay
Po Box 564, Wyong, NSW 2259

Phone: (02) 4332 1411
Fax: (02) 4333 6044
Email: eiacc@samaritans.org.au
Web: www.samaritans.org.au
Hours Open: Various. Contact for details.
Service Description:
Drop in service for young people aged between 10 and 18. Provide information, referral, support and advocacy for young people within the community. EIA work throughout the Entrance, Bateau bay, Tumbi Umbi and Berkley vale areas.
INTERRELATE FAMILY CENTRE
213 The Entrance Rd, Erina & 33A Alison Rd, Wyong
PO Box 3646, Erina, NSW, 2050

Phone: (02) 4363 8050
Fax: (02) 4363 8010
Web: www.interrelate.org.au
Hours Open: Mon - Fri: 9:00am-6:00pm + after hours: Mon and Wed evenings till 9:00pm; Sat: 9:00am-1:00pm
Service Description:
Counselling for: Individuals, Couples, Families, Men, Carers of children with disability
Family Dispute Resolution: Assisting separated parents to develop child-focussed parenting plans
Building Stronger Families: Case Managed holistic approach to supporting separated families
Group/Seminar programs on: Parenting, Post-Separation, Anger Management, Self-Esteem, Relationships

WYONG TAFE COUNSELLING AND CAREERS SERVICE
TAFE Hunter Institute
Wyong TAFE Campus, Block D, Porter St, Wyong
PO Box 486, Wyong, NSW, 2059

Phone: (02) 4350 2229
Fax: (02) 4350 2392
Web: www.hunter.tafensw.edu.au
Hours Open: Mon - Fri: 9:00am-4:30pm during school terms
Service Description:
To help students and prospective students access and make the best use of TAFE Courses.
Evening appointments available by arrangement.
GOSFORD TAFE COUNSELLING AND CAREERS SERVICE
TAFE Hunter Institute
Gosford TAFE Campus, Block F, Cnr Margin St and Henry Parry Drive, Gosford

Phone: (02) 4348 2248
Fax: (02) 4348 2248
Web: www.hunter.tafensw.edu.au
Hours Open: Mon - Fri: 9:00am-4:00pm during school terms
Service Description:
To help students and prospective students access and make the best use of TAFE Courses. Evening appointments available by arrangement.

YOUTH ALCOHOL AND OTHER DRUGS COUNSELLOR
Web Youth Services
93 McMasters Rd, Woy Woy
Po Box 512, Woy Woy, NSW 2256

Phone: (02) 4342 7640
Mobile: 0450 956 105
Fax: (02) 4342 3914
Email: webyouthaod@bigpond.com
Web: www.pccinc.com.au
Hours Open: Tuesday: 2.30pm-5pm, Wednesday: 2.30pm-6pm, Friday: 2.30pm-8pm
Service Description:
The WEB is a ‘drop-in’ service for young people 12 to 18 years of age (year 7 and above).

The AOD counsellor can support & assist young people who may be experiencing concerns or issues relating to drugs and or alcohol. The counsellor also assists two local high schools and provides educational programs and activities to the schools and the Web Youth Service.
UNIFAM COUNSELLING AND MEDIATION

Level 2, 15 Watts St, Gosford 2250
Po Box 864, Gosford, NSW 2250

Phone: (02) 4325 9666
Fax: (02) 4324 2903
Email: gosford@unifamcounselling.org or tgoldrick@unifamcounselling.org
Hours Open: Monday, Wednesday, Thursday, Friday 9-5, Tuesday 12-8

Service Description:
Counselling services for individual, family and relationships, gambling also a specialist service for children who parents are separated or divorcees. Fees are sliding scale for adults and children eligible for SCASP free and gambling counselling is also a free service

ADOLESCENT AND FAMILY COUNSELLING

Youth for Christ (YFC) Central Coast
22 Adelaide St, Tumbi Umbi
Po Box 8101, Woy Woy, NSW 2261

Phone: (02) 4388 9593
Fax: (02) 4388 9596
Email: counselling_cc@yfc.org.au
Web: www.yfc.org.au
Hours Open: Monday – Friday 9:00am – 5pm

Service Description:
To provide individual and family counselling to young people aged 12-18 and their families who are experiencing difficulties in their living situation where the young person is at risk of leaving home. The service aims to prevent family breakdown by assisting young people and their families to improve communication and relationships between family members
BCS LIFECARE RELATIONSHIP SERVICES

102 Pacific Hwy, Tuggerah
Po Box 384, Tuggerah, NSW 2259

Phone: 1300 130 225 or (02) 4352 7900
Fax: (02) 4353 5638
Web: [www.bcs.org.au/LifeCare/Counselling.asp](http://www.bcs.org.au/LifeCare/Counselling.asp)

Hours Open: Monday – Friday 9:00am – 5pm, after hours by appointment

Service Description:

We provide individual, couple and family counselling as well as specialised services for families who have experienced Domestic Violence. We provide group programs and seminars aimed at supporting young people to work towards healthy, respectful relationships.

ChIPS (CHRONIC ILLNESS PEER SUPPORT)

NSCCAHs

Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333
Fax: (02) 4356 9350
Email: ccyhs@nsccahs.health.nsw.gov.au

Hours Open: Monday – Friday 8:30am – 5:00pm, except public holidays

Service Description:

ChIPS (Chronic Illness Peer Support) is a peer support program for young people aged 12-25 years living with a chronic illness or condition

For other information about Youth Health Service, see also Aboriginal Youth Health Worker, Accommodation, Counselling, Drug & Alcohol Services, Health Services, Youth GP Clinics, Youth Health Clinic, Youth Health Outreach Worker, and Worker on Duty. Ph 4356 9333
PARKSIDE

Parkside Building, 123 Donnison St Gosford

Po Box 1296, Gosford, NSW 2250

Phone: (02) 4323 1060
Fax: (02) 4323 7453
Email: parkside@parksideyouth.com.au

Hours Open: Monday-Friday: 8:30am – 5:00pm

Service Description:

Parkside is Multi Service Youth Service Centre, initiated by Regional Youth Support Services Inc and Employment Training (ET Australia). At present, Parkside houses 5 independent Youth Services.

ARC, Post School Options, ET Australia, The Smith Family, Regional Youth Support Services, Youth Arts Warehouse and BWAC The New Apprenticeship Centre.

FEENIKS CAREER AND TRAINING SERVICES

123 Donnison St, Gosford (Appointment Only)

PO Box 395, Gosford, NSW 2250

Mobile: 0415 188 266
Email: n.szabo@comcen.com.au
Web: www.feeniks.com.au

Hours Open: Monday – Friday 9:00am – 5:00pm

Service Description:

Feeniks is a licenced provider of the “Coaching Young People for Success Program”. This program includes - Life Coaching, Career Coaching and School Performance Coaching Sessions for individual young people or small groups. It includes proven strategies from coaching and positive psychology that assist young people find direction, overcome barriers and the emotional skills required to maximise their personal, school and career potential. Modules include “Steps for My Life Success”, “Steps for My School Success” & “My Life and Career Pathway Plan” or “School Performance Plan”. A complete range of Career Development services are also available. Feeniks is a Professional Member of the Career Development Association of Australia (CDAA).
COAST CARE COUNSELLING

A group of Personal Counsellors who provide counselling services in the Community and Neighbourhood Centre’s on the Central Coast of NSW.
We provide both individual and couple counselling for relationship problems and are available for both day and evening appointments

Centres:

The Berkeley Centre
Cnr Berkeley Rd and Heather Ave Glenning Valley NSW 2261.
Phone: (02) 4388 5801

Chertsey Cottage
10 Willow Road, Springfield NSW 2250
Phone: (02) 4323 7158

Karingo Neighbourhood Centre
10 Langford Dr, Kariong
Phone: (02) 4340 1724

Kincumber & District Neighbourhood Centre
20 Kincumber St, Kincumber
Phone: (02)4340 1724

Peninsula Community Centre
93 McMasters Rd, Woy Woy
Phone: 4341 9333

Peninsula Women’s Health Centre
20a McMasters Rd, Woy Woy
Phone: (02) 4342 5905

Warnervale Family Community Centre
271 Warnervale Rd, Hamlyn Terrace
Phone: (02) 4392 8734

Woodbury Park Community Centre
Cnr Woodbury Park Ave and Woolmers Cres Mardi NSW 2259
Phone: (02) 4353 9806

Wyong Neighbourhood Centre
Cnr Alison Rd and Ranken Court Wyong NSW 2259
Phone: (02) 4353 1750
LIFELINE CENTRAL COAST

Lifeline
15 Cary St, Wyoming
PO Box 9094, Wyoming, NSW, 2250

Phone: (02) 4323 6105
Fax: (02) 4324 2753
Email: ceocclifelinecentralcoastnsw.org
Web: www.lifeline.org.au/centralcoastnsw

Service Description:
Our vision is to bring hope and understanding to those in need, so they can be empowered, and grow.

BIALA COTTAGE CHILD AND ADOLESCENT SEXUAL ASSAULT COUNSELLING
NSCCA

Holden St Gosford (Gosford Hospital)
Po Box 361 Gosford, NSW 2250

Phone: (02) 4320 3175 or After Hours – (02) 4320 2111
Fax: (02) 4320 3133

Hours Open: Monday to Friday 8:30am – 5:00pm

Service Description:
Counselling service for children and adults who have been sexually abused, and for their non-offending family members.
COUNSELLING – YOUTH HEALTH SERVICE
NSCCAH
Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333
Fax: (02) 4356 9350
Email: ccyhs@nsccahs.health.nsw.gov.au
Hours Open: Monday to Friday 8:30am – 5:00pm

Service Description:
Counselling service: provides counselling for young people 12 – 18 yrs of age for a range of health-related concerns, including drug and alcohol use. Access through the Worker on Duty at Youth Health. Group programs include:
- ChIPS (Chronic Illness Peer Support) for young people living with a chronic illness, and
- Rock & Water to improve anger management, in partnership with schools and youth programs

MUSICIANS MAKING A DIFFERENCE
1/342 Mann St Gosford, NSW 2250

Phone: (02) 4322 5350
Fax: (02) 8208 9846
Email: info@mmad.org.au
Web: www.mmad.org.au
Hours Open: Monday, Tuesday, Thursday and Friday by appointment

Service Description:
Musicians Making A Difference (MMAD) is a charity targeting chronically homelessness youth, young offenders and long-term unemployed youth. MMAD uses innovative music, dance and mentoring programs to address the emotional, social & physical needs of young people aged between 14 & 25.
CENTRAL COAST RESPITE AND CARELINK CENTRE
NSCCAHS
Shop 2 Ground Floor, Citigate Centre. 451 Pacific Highway, North Gosford NSW 2250
PO Box 361, Gosford, NSW, 2250

Phone: 1800 052 222
Fax: (02) 4304 0726
Email: carerrespite@nsccahs.health.nsw.gov.au
Web: www.respiteoptionscc.com.au
Hours Open: 1800 052 222 - 24 hour Emergency hotline   Shop front open – 8.30 – 4.30pm
Service Description:
Information, referral and respite for Carers of young people with a disability or mental health condition, and for young people in a caring role.

YOUTH SERVICES
Youth Connections
Unit 6/1 Reliance Dr, Tuggerah Business Park, Tuggerah
PO Box 3557 Tuggerah, NSW 2259

Phone: (02) 4350 2600
Fax: (02) 4350 2601
Email: maggie@youthconnections.com.au
Web: www.youthconnections.com.au
Hours Open: Monday – Friday 8:30am – 5:00pm
Service Description:
Youthconnections.com.au’s strategic goal is about “providing employment, education, training and recreational opportunities for young people to help them realise their full potential.”

We touch the lives of over 6000 young people annually; work with a database of 1200 local employers to place youth in work placement for their HSC or entry level positions; operate from every high schools and TAFE campus on the Central Coast; have a commitment to work with our most vulnerable and disenfranchised youth, Aboriginal and disability and have developed programs, services and resources to ensure these young people are not left behind.
PARKSIDE

_{Parkside Building, 123 Donnison St Gosford}  
_{Po Box 1296, Gosford, NSW 2250} 

_{Phone: (02) 4323 1060}  
_{Fax: (02) 4323 7453}  
_{Email: parkside@parksideyouth.com.au}  
_{Hours Open: Monday-Friday: 8:30am – 5:00pm}  
_{Service Description:}  
Parkside is Multi Service Youth Service Centre, initiated by Regional Youth Support Services Inc and Employment Training (ET Australia). At present, Parkside houses 5 independent Youth Services.  
ARC, Post School Options, ET Australia, The Smith Family, Regional Youth Support Services, Youth Arts Warehouse and BWAC The New Apprenticeship Centre. Post School Options, Programs designed for people with disabilities to maximise their opportunities to develop or maintain skills in areas such as numeracy, literacy and budgeting.

LIFE WITHOUT BARRIERS

_{Suite 1 Level 2, 86-88 Mann St, Gosford NSW 2250}  

_{Phone: (02) 4343 8830}  
_{Fax: (02) 4322 5792}  
_{Email: gosforddisability@lwb.org.au}  
_{Web: www.lwb.org.au}  
_{Hours Open: Monday-Friday: 9:00am – 5:00pm}  
_{Service Description:}  
Flexible support options program offers a range of services including: Social Outings, Independent Living training, Sport and Recreation, Behaviour Intervention, Family support, Personal care and Equipment Hire. Support is for a limited time – usually 12 weeks.
YOUTH 2 WORK
Job centre Australia/Disability Employment Service
Offices at Gosford, Woy Woy and The Entrance

Phone: (02) 4322 5511
Fax: (02) 4322 5550
Mobile: 0408 961 922
Email: youth2work@jcal.com.au
Web: www.jobcentreaustralia.com.au

Hours Open: Monday-Friday: 8:30am – 5:00pm
Service Description:
Specialised career pathway assistance to all Central Coast years 10, 11 and 12 students who have an identified disability. Our service will involve working with young people who have left or who want to leave school and commence employment or be placed into suitable employment training to allow the completion of studies to gain the HSC.

CAMP BREAKAWAY INC
80 Highview Ave, San Remo

Phone: (02) 4390 7624
Fax: (02) 4399 1979
Email: info@breakaway.org.au
Web: www.breakaway.org.au

Hours Open: Monday-Friday: 8:30am – 5:00pm
Service Description:
- Children and adults with physical disabilities
- Volunteers - we provide opportunities for volunteers to give back to the community in which they live, by participating at our camps.
- Our facilities can be hired during our non-camp periods
CENTRAL COAST DISABILITY NETWORK

29 Webb St, East Gosford

Phone: (02) 4324 2355
Fax: (02) 4324 3187
Email: info@ccdn.com.au
Web: www.ccdn.com.au

Hours Open: Monday-Friday: 8:30am – 5:00pm

Service Description:

The Central Coast Disability Network (CCDN) is a registered charity and a not for profit organisation that has been providing support to people with a disability since 1979.

CCDN delivers several disability focussed programs and provides an information, referral and support role to people with disabilities, families, carers and service providers on the Central Coast of New South Wales. Membership of CCDN is open to all individuals, organisations and groups who support CCDN aims and objectives

CCDN is committed to, and practices social justice principles of rights, equity, access and participation. These principles are informed by the United Nations Declaration of Human Rights and the United Nations Declaration on the Rights of Disabled Persons

CCDN’s vision is for all people with disabilities to be fully included in the life of their communities

CCDN’s philosophy is based on the belief that people with disabilities have the same rights and responsibilities as other members of society
GETTING IT TOGETHER PROGRAM

Wesley Mission

38 Gilda Ave, Narara

Also Co-located at: The Web Youth Service, Woy Woy, Headspace Gosford and San Remo Neighbourhood Centre

Phone: (02) 4328 1053
Mobile: 0427 403601
Fax: (02) 4328 4798
Email: gits@wesleymission.org.au or susan.higgins@wesleymission.org.au
Web: www.wesleymission.org

Hours Open: Monday – Friday 9am – 5pm

Service Description:
Outreach service for young people 12-18 with drug and alcohol issues. Holistic program dealing with the underlying issues that are impacting a young person’s life and their Drug & Alcohol use, through case management, referrals, and brokerage assistance.

YOUTH ALCOHOL AND OTHER DRUGS COUNSELLOR

Web Youth Services

93 McMasters Rd, Woy Woy

Po Box 512, Woy Woy, NSW 2256

Phone: (02) 4342 7640
Mobile: 0450 956 105
Fax: (02) 4342 3914
Email: webyouthaod@bigpond.com
Web: www.pccinc.com.au

Hours Open: Tuesday: 2.30pm-5pm, Wednesday: 2.30pm-6pm, Friday: 2.30pm-8pm

Service Description:
The WEB is a ‘drop-in’ service for young people 12 to 18 years of age (year 7 and above).

The AOD counsellor can support & assist young people who may be experiencing concerns or issues relating to drugs and or alcohol. The counsellor also assists two local high schools and provides educational programs and activities to the schools and the Web Youth Service.
YOUTH HEALTH SERVICE
NSCCAHS

Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333
Fax: (02) 4356 9350
Email: ccyhs@nsccahs.health.nsw.gov.au

Hours Open: Monday – Friday 8:30am – 5:00pm, except public holidays

Service Description:
The Youth Health Service provides a range of health services for young people, 12 – 24 yrs of age, including Aboriginal Youth Health Worker, Counselling (for 12 – 18 yrs olds), Worker on Duty, Youth Health (Nurse Practitioner) Clinic, Youth GP Clinics, and Youth Health Outreach Worker. Access is by contacting the Worker on Duty, arranging to see the Nurse Practitioner at Youth Health or dropping into a Youth GP Clinic (at Kincumber, Gravity [Lakehaven] and The Web [Woy Woy] youth centres).

Other services available at the Youth Health Service in Wyong include a Paediatrician (GP referral required) and Child & Adolescent Psychiatrist (GP referral preferred).

Youth Health is collocated with the Eating Disorders Service.

AL-ANON/ALATEEN FAMILY GROUPS

Po Box 217, Hamilton NSW 2303

Phone: (02) 4969 3889 or 1300 ALANON
Email: alanonnorthernnsw@bigpond.com

Service Description:
AL-ANON’S purpose is to help families and friends of alcoholics recover from the effects of living with the problem drinking of someone close.
Similarly, Alateen is our recovery program for young people. Alateen groups are sponsored by Al-Anon members. Alateen provides support for teenagers affected by the problem drinking of a parent or other family member.
NEEDLE CLEAN UP HOTLINE

Phone: 1800 633 353 (Freecall)

Service Description:
If you are a person that uses needles or syringes, or if you have found needles or syringes in a public place, call to have safely removed.

COMMUNITY SHARPS EXCHANGE PROGRAM

Participating Central Coast Pharmacies

Phone: (02) 4325 8222 (Gosford Council) or (02) 4350 5555 (Wyong Council)
YOUTH CONNECTIONS PROGRAMME

Youth Connections

Unit 6/1 Reliance Dr, Tuggerah Business Park, Tuggerah
PO Box 3557 Tuggerah, NSW 2259

Phone: (02) 4350 2600
Fax: (02) 4350 2601
Email: lyn@youthconnections.com.au
Web: www.youthconnections.com.au

Hours Open: Monday – Friday 9:30am – 4:30pm

Service Description:
Support and assist young people (11-19 yrs) who have left school, or are thinking of leaving school, before completing Year 12 or a Certificate II level qualification to get back on track. We support their transition through school and from school to employment and further training through flexible and individual case management, youth outreach activities and alternate schooling options.

ADULT BASIC EDUCATION

TAFE, Wyong Campus

Building N (First Floor) Porter St, Wyong, NSW 2259

Phone: (02) 4350 2351 or 4350 2381 or 4350 2377 or 4350 2225
Email: melinda.flower@tafe.nsw.edu.au
Web: www.hunter.tafensw.edu.au

Hours Open: Monday to Thursday  8:00am – 9:30pm and Friday 8:00am – 6:00pm

Service Description:
Provide literacy, numeracy and computer assistance to support the personal, social, academic and employment goals of individuals.

Adult Basic Education offers full time and part time Certificate 1 courses and Statement of Attainment courses. In addition we may provide tutorial support to people who are enrolled in TAFE vocational courses.
LINKS TO LEARNING

Break Thru People Solutions
*Gravity Youth Centre, Bannister Ave, Lake Haven*

Phone: (02) 4392 6530
Fax: (02) 4393 1172
Email: belinda.moran@breakthru.org.au
Web: www.breakthru.org.au
Hours Open: Mon - Fri: 8:30am – 4:30pm

Service Description:
Helping early leavers program (HELP) participants are young people aged 15—24 years who have left school early (without the HSC), who are unemployed and who are facing significant barriers to entering either the workforce or further education. HELP program activities may vary from term to term according to demand and local needs.

Links to learning offers a range of accredited courses such as; Retail, Business, Hospitality, Horticulture - These courses will provide the skills and knowledge to work in the relevant industries.

Certificate II in General Education for Adults (CGEA), or Year 10 equivalent. This program caters for early school leavers who were unable to obtain their year 10 certificate. It allows them the opportunity to then move either into apprenticeships / traineeships or further study at TAFE. Links to Learning is funded by the Department of Education & Training.

COMMUNITY SERVICES SECTION

Ourimbah TAFE
*Ourimbah Campus, Enterprise Dr Ourimbah TAFE*
PO Box 127, Ourimbah, NSW 2258

Phone: (02) 4348 4000
Fax: (02) 4348 4075
Email: helen.stein@tafensw.edu.au
Web: www.tafensw.edu.au
Hours Open: Monday to Friday  8:30am – 6:00pm

Service Description:
Provides professional training for those who are wanting to work in community services sector – community services, youth, non clinical mental health. Also provides commercial learning for workers employed in community services sector
NORTH WYONG SHIRE YOUTH ARTS SERVICE

Wyong Neighbourhood Centre

*Old Primary School, Cnr Rankin Ct and Alison Rd, Wyong*

*PO Box 411 Wyong, NSW 2259*

**Phone:** (02) 4353 1750  
**Fax:** (02) 4352 1209  
**Mobile:** 0488 129 222  
**Email:** madalyn@wyongneighbourhoodcentre.org.au  
**Hours Open:** Monday – Thursday 9:30am – 4:30pm  

**Service Description:**

NWSYAS implements, facilitates and advocates skills and professional based contemporary arts and culture projects, events, workshops and opportunities for young people (12-18yrs) living throughout Wyong Shire and the regions young emerging artists (18-25yrs), through employment, training and mentoring opportunities.

ET AUSTRALIA

*123 Donnison St, Gosford*

*PO Box 1296 Gosford, NSW 2250*

**Phone:** (02) 4323 1233  
**Fax:** (02) 4323 7453  
**Email:** email@etaustralia.com  
**Web:** [www.etaustralia.com](http://www.etaustralia.com)  
**Hours Open:** Mon - Fri: 8:30am – 5:00pm  

**Service Description:**

ET Australia delivers a range of employment training and recruitment services for young people. Located in the Parkside Multi Service Youth Facility in the Gosford CBD, this vocational training college offers entry level training in Aged Care; Home & Community Care; Children’s Services; Community Services; Business Services & Administration; Frontline Management; Disability Work; Retail Operations; Conservation & Land Management; Information Technology & Computers; Hospitality; Training and Assessment; Links to Learning Program; School to Work Transition; National Green Jobs Corps Program.
TUGGERAH LAKES COMMUNITY COLLEGE

Suite 16/1 Reliance Drive, Tuggerah NSW 2259
PO Box 5013, Chittaway Bay NSW 2261

Phone: (02) 4353 0017
Fax: (02) 4353 5960
Email: info@tlcc.nsw.edu.au
Web: www.tlcc.nsw.edu.au
Hours Open: Mon - Fri: 8:30am – 5:00pm

Service Description:
Tuggerah Lakes Community College specialises in accredited training in Children’s Services; Conservation and Land Management (including indigenous land management); Business Services, IT and Administration; Training and Assessment; Sustainability training; Literacy and Numeracy programs; and tailored short professional development and lifestyle courses.

PARKSIDE

Parkside Building, 123 Donnison St Gosford
Po Box 1296, Gosford, NSW 2250

Phone: (02) 4323 1060
Fax: (02) 4323 7453
Email: parkside@parksideyouth.com.au
Hours Open: Monday-Friday: 8:30am – 5:00pm

Service Description:
Parkside is Multi Service Youth Service Centre, initiated by Regional Youth Support Services Inc and Employment Training (ET Australia). At present, Parkside houses 5 independent Youth Services.

ARC, Post School Options, ET Australia, The Smith Family, Regional Youth Support Services, Youth Arts Warehouse and BWAC The New Apprenticeship Centre.
TAFE NSW

Wyong Campus

*Porter St, Wyong*

*Po Box 486, Wyong NSW 2259*

**Phone:** (02) 4350 2222  
**Fax:** (02) 4350 2247  
**Web:** [www.hunter.tafensw.edu.au/campuses/wyong/Pages/WyongCampus.aspx](http://www.hunter.tafensw.edu.au/campuses/wyong/Pages/WyongCampus.aspx)  
**Hours Open:** Various

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TAFE NSW

Gosford Campus

*Cnr Henry Parry Dr and Margin St, Gosford*

*Po Box 486, Wyong NSW 2259*

**Phone:** (02) 4348 2222  
**Fax:** (02) 4348 2359  
**Web:** [www.hunter.tafensw.edu.au/campuses/gosford/Pages/GosfordCampus.aspx](http://www.hunter.tafensw.edu.au/campuses/gosford/Pages/GosfordCampus.aspx)  
**Hours Open:** Various
LINKS TO LEARNING

Break Thru People Solutions
Gravity Youth Centre, Bannister Ave, Lake Haven

Phone: (02) 4392 6530
Fax: (02) 4393 1172
Email: belinda.moran@breakthru.org.au
Web: www.breakthru.org.au
Hours Open: Mon - Fri: 8:30am – 4:30pm
Service Description:

Helping early leavers program (HELP) participants are young people aged 15—24 years who have left school early (without the HSC), who are unemployed and who are facing significant barriers to entering either the workforce or further education. HELP program activities may vary from term to term according to demand and local needs.

Links to learning offers a range of accredited courses such as; Retail, Business, Hospitality, Horticulture - These courses will provide the skills and knowledge to work in the relevant industries.

Certificate II in General Education for Adults (CGEA), or Year 10 equivalent. This program caters for early school leavers who were unable to obtain their year 10 certificate. It allows them the opportunity to then move either into apprenticeships / traineeships or further study at TAFE.

Links to Learning is funded by the Department of Education & Training.

WYONG TAFE COUNSELLING AND CAREERS SERVICE

TAFE Hunter Institute
Wyong TAFE Campus, Block D, Porter St, Wyong
PO Box 486, Wyong, NSW, 2059

Phone: (02) 4350 2229
Fax: (02) 4350 2392
Web: www.hunter.tafensw.edu.au
Hours Open: Mon - Fri: 9:00am-4:30pm during school terms
Service Description:

To help students and prospective students access and make the best use of TAFE Courses. Evening appointments available by arrangement.
PARKSIDE

*Parkside Building, 123 Donnison St Gosford*

*Po Box 1296, Gosford, NSW 2250*

**Phone:** (02) 4323 1060  
**Fax:** (02) 4323 7453  
**Email:** parkside@parksideyouth.com.au  
**Hours Open:** Monday-Friday: 8:30am – 5:00pm  
**Service Description:**

Parkside is Multi Service Youth Service Centre, initiated by Regional Youth Support Services Inc and Employment Training (ET Australia). At present, Parkside houses 5 independent Youth Services. ARC, Post School Options, ET Australia, The Smith Family, Regional Youth Support Services, Youth Arts Warehouse and BWAC The New Apprenticeship Centre.

BWAC The New Apprenticeship Centre. Provides Information to employers, apprentices and trainees and any other interested people. ET Australia, An Employment, Training and Recruitment Agency with a range of services for young people.

HAND BRAKE TURN

*Concern Australia*

*10 Dignity Cres, West Gosford*

**Phone:** (02) 4323 6309  
**Fax:** (02) 4323 6389  
**Email:** hbt.cc@concernaustralia.org.au  
**Web:** [www.concernaustralia.org.au/handbraketurn](http://www.concernaustralia.org.au/handbraketurn)  
**Hours Open:** Mon - Fri: 9am – 3pm  
**Service Description:**

Accredited and Registered Training program in Certificate I Automotive, (Certificate II from 2011), for young people from age 15 yrs; providing ‘hands-on’ training in Motor Mechanics, Spray Painting, Panel Beating, OH&S, and car detailing. In addition to automotive training, HBT seeks to develop self-confidence, self-worth and enhance interpersonal and literacy skills, interview and job management training and motivation, communication skills and goal setting.
GOSFORD TAFE COUNSELLING AND CAREERS SERVICE

TAFE Hunter Institute
Gosford TAFE Campus, Block F, Cnr Margin St and Henry Parry Drive, Gosford

Phone: (02) 4348 2248
Fax: (02) 4348 2248
Web: www.hunter.tafensw.edu.au
Hours Open: Mon - Fri: 9:00am-4:00pm during school terms
Service Description:
To help students and prospective students access and make the best use of TAFE Courses. Evening appointments available by arrangement.

YC INDUSTRY LINK

Youth Connections
Unit 6/1 Reliance Dr, Tuggerah Business Park, Tuggerah
PO Box 3557 Tuggerah, NSW 2259

Phone: (02) 4350 2600
Fax: (02) 4350 2601
Email: maggie@youthconnections.com.au
Web: www.youthconnections.com.au
Hours Open: Monday – Friday 8:30am – 5:00pm
Service Description:
Youthconnections.com.au’s strategic goal is about “providing employment, education, training and recreational opportunities for young people to help them realise their full potential.”

We touch the lives of over 6000 young people annually; work with a database of 1200 local employers to place youth in work placement for their HSC or entry level positions; operate from every high schools and TAFE campus on the Central Coast; have a commitment to work with our most vulnerable and disenfranchised youth, Aboriginal and disability and have developed programs, services and resources to ensure these young people are not left behind.
NORTH WYONG SHIRE YOUTH ARTS SERVICE

Wyong Neighbourhood Centre

*Old Primary School, Cnr RankinCt and Alison Rd, Wyong
*PO Box 411 Wyong, NSW 2259*

**Phone:** (02) 4353 1750  
**Fax:** (02) 4352 1209  
**Mobile:** 0488 129 222  
**Email:** madalyn@wyongneighbourhoodcentre.org.au  

**Hours Open:** Monday – Thursday 9:30am – 4:30pm  
**Service Description:**  
NWSYAS implements, facilitates and advocates skills and professional based contemporary arts and culture projects, events, workshops and opportunities for young people (12-18yrs) living throughout Wyong Shire and the regions young emerging artists (18-25yrs), through employment, training and mentoring opportunities.

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JOB SERVICES AUSTRALIA

Job Find Centre Toukley

*225B Main Rd, Toukley, NSW 2263*

**Phone:** (02) 4301 8319  
**Fax:** (02) 4396 8927  
**Email:** jobfind_toukley@jobfindcentre.com.au  

**Hours Open:** Monday – Thursday 9:00am – 5:00pm  
**Service Description:**  
Jobfind delivers Job Services Australia programs to job seekers across Australia. Jobfind assists jobseekers with finding meaningful and sustainable employment and assists with identifying additional skills and training that they may require.
AUSTRALIAN BUSINESS LTD APPRENTICESHIPS CENTRE
(ABLAC)

Unit 3, 19 Reliance Dr, Tuggerah Business Park, NSW 2259

Phone: 1300 652 236
Fax: 1300 650 755
Web: www.ablac.com.au

Hours Open: Monday – Friday 9:00am – 5:00pm

Service Description:
Australian Apprenticeships and Traineeship service provider. ABL AC provides advice and assistance to employers of apprentices and trainees, by completing all the paperwork and processing Government incentives that may apply. ABL AC also assists those seeking an apprenticeship and traineeship. With over 12 years experience in providing this service, ABL AC is the most experienced provider of this service in NSW.

JOB SERVICES AUSTRALIA

Job Find Centre Gosford

Ground Floor, 5 Watt St, Gosford, NSW 2250

Phone: (02) 4301 3800
Fax: (02) 4301 3899
Email: jobfind_gosford@jobfindcentre.com.au
Web: www.jobfindcentre.com.au

Hours Open: Monday – Friday 9:00am – 5:00pm

Service Description:
Jobfind Centre’s friendly, experienced consultants and mentors are focused on your individual needs including accessing an extensive range of online training programs which you can complete in our centres, at home or on the job. Jobfind can also assist you prepare a resume and cover letter and coach you through the recruitment process by improving her confidence and interview skills.
ET AUSTRALIA
123 Donnison St, Gosford
PO Box 1296 Gosford, NSW 2250

Phone: (02) 4323 1233
Fax: (02) 4323 7453
Email: email@etaustralia.com
Web: www.etaustralia.com
Hours Open: Mon - Fri: 8:30am – 5:00pm

Service Description:
ET Australia delivers a range of employment training and recruitment services for young people. Located in the Parkside Multi Service Youth Facility in the Gosford CBD, this vocational training college offers entry level training in Aged Care; Home & Community Care; Children’s Services; Community Services; Business Services & Administration; Frontline Management; Disability Work; Retail Operations; Conservation & Land Management; Information Technology & Computers; Hospitality; Training and Assessment; Links to Learning Program; School to Work Transition; National Green Jobs Corps Program.

JOBFIND Centre
Job Find Centre Ettalong
283 Ocean View Rd, Ettalong, NSW 2257

Phone: (02) 4343 3100
Fax: (02) 4343 3199
Email: jobfind_ettalong@jobfindcentre.com.au
Web: www.jobfindcentre.com.au
Hours Open: Monday – Friday: 9:00am – 5:00pm

Service Description:
Established in 1998, Jobfind Centres Australia is a leading Job Services Australia provider with an impressive track record of filling over 330,000 vacancies for employers around Australia. We have an extensive network of Centres that focus on the needs of local businesses while also tapping into the range of services we offer nationally.
YOUTH 2 WORK

Job centre Australia/Disability Employment Service
Offices at Gosford, Woy Woy and The Entrance

Phone: (02) 4322 5511
Fax: (02) 4322 5550
Mobile: 0408 961 922
Email: youth2work@jcal.com.au
Web: www.jobcentreaustralia.com.au
Hours Open: Monday-Friday: 8:30am – 5:00pm
Service Description:
Specialised career pathway assistance to all Central Coast years 10, 11 and 12 students who have an identified disability. Our service will involve working with young people who have left or who want to leave school and commence employment or be placed into suitable employment training to allow the completion of studies to gain the HSC.

FEENIKS CAREER AND TRAINING SERVICES
123 Donnison St, Gosford (Appointment Only)
PO Box 395, Gosford, NSW 2250

Mobile: 0415 188 266
Email: n.szabo@comcen.com.au
Web: www.feeniks.com.au
Hours Open: Monday – Friday 9:00am – 5:00pm
Service Description:
Feeniks is a licenced provider of the “Coaching Young People for Success Program”. This program includes - Life Coaching, Career Coaching and School Performance Coaching Sessions for individual young people or small groups. It includes proven strategies from coaching and positive psychology that assist young people find direction, overcome barriers and the emotional skills required to maximise their personal, school and career potential. Modules include “Steps for My Life Success”, “Steps for My School Success” & “My Life and Career Pathway Plan” or “School Performance Plan”. A complete range of Career Development services are also available. Feeniks is a Professional Member of the Career Development Association of Australia (CDAA).
APPRENTICESHIPS AND TRAINEESHIPS
MEGTAAC
Unit 5, Small Business Incubator, Central Coast Campus Ourimbah
PO Box 199, Ourimbah, NSW 2258

Phone: (02) 4362 4111
Fax: (02) 4365 4199
Email: cassie_coddington@megt.com.au
Web: www.megt.com.au
Hours Open: Monday – Friday 8:40am – 5:00pm
Service Description:
Apprenticeships, Traineeships, Employment and Training

MIGAS CENTRAL COAST
Wyong TAFE Admin Building, 1 Porter St, Wyong
PO Box 73, Wyong, NSW 2259

Phone: (02) 4351 4500
Fax: (02) 4351 4600
Email: enquiries.cc@migas.com.au
Web: www.migas.com.au
Hours Open: Monday – Friday 8:30am – 5:00pm
Service Description:
Apprenticeships and Traineeships with local host companies.
CENTRAL COAST GROUP TRAINING

Zenith Building, Tuggerah Business Park 6/6 Reliance Dr Tuggerah
PO Box 3100, Tuggerah, NSW 2259

Phone: (02) 4353 2655
Fax: (02) 4353 4647
Email: jobs@ccgt.com.au
Web: www.ccgt.com.au
Hours Open: Monday – Friday 8:30am – 4:30pm

Service Description:

CCGT is the Central Coast’s leading employer of apprentices and trainees and with almost 30 years of experience, have developed a large network of experienced employers waiting to host an apprentice or trainee today!

By subscribing to “Job Alerts” CCGT will email and/or SMS you details of EVERY vacancy we receive, together with details on how to apply, to make sure you never miss an employment opportunity! Additionally, all our vacancies are posted on Facebook and Twitter to keep you in the know.

We want to see you succeed and will make every effort to help you prepare your application, from writing a resume to presenting at an interview we are there to help.

CCGT takes care of the administration, training and legal requirements, and our Host Employers provide a work environment in which an Apprentice or Trainee can learn and become skilled in their chosen career.

MUSICIANS MAKING A DIFFERENCE

1/342 Mann St Gosford, NSW 2250

Phone: (02) 4322 5350
Fax: (02) 8208 9846
Email: info@mmad.org.au
Web: www.mmad.org.au
Hours Open: Monday, Tuesday, Thursday and Friday by appointment

Service Description:

Musicians Making A Difference (MMAD) is a charity targeting chronically homelessness youth, young offenders and long-term unemployed youth. MMAD uses innovative music, dance and mentoring programs to address the emotional, social & physical needs of young people aged between 14 & 25.
THE HUB YOUTH ENTERTAINMENT VENUE
Gosford City Council Youth Services
North South Head Rd, Erina Fair, Erina
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4304 7104
Mobile: 0400 162 505
Fax: (02) 4365 6715
Email: steve.knee@gosford.nsw.gov.au
Web: www.thehuberina.com

Hours Open: See the Hub's ever-evolving program of activities & events at www.thehuberina.com

Service Description:
The Hub aims to provide a variety of structured programs, entertainment, activities, information and referral services for local youth. Our programmed activities promote positive development for young people within the safe and supportive environment of our venue.

LAYCOCK ST THEATRE AND PENINSULA THEATRE
Gosford City Council
Laycock St, Wyoming and Cnr McMasters Beach Rd and Ocean Beach Rd, Woy Woy
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4323 7299
Email: laycock.theatre@gosford.nsw.gov.au
Web: www.laycockstreettheatre.com/whats_on.html

Hours Open: Office 8.30am to 5:00pm and Box Office 10:00am to 5:00pm

Service Description:
Producers of Youth in Performing Arts, a performance opportunity for youth with outstanding talent.

Presenters of theatre specifically for youth, as well as for the general public
YOUTH ARTS WAREHOUSE
Regional Youth Support Service
Parkside Building, 123 Donnison St Gosford
Po Box 1300, Gosford, NSW 2250

Phone: (02) 4323 2374
Fax: (02) 4323 3796
Email: administration@ryss.com.au
Web: www.youthartswarehouse.com.au

Hours Open: Various
Service Description:
The Youth Arts Warehouse is a contemporary leading-edge facility providing young people (12-24) with professional art programming which creates artistic, cultural and professional development opportunities for young and emerging artists on the Central Coast.

NORTH WYONG SHIRE YOUTH ARTS SERVICE
Wyong Neighbourhood Centre
Old Primary School, Cnr Rankin Ct and Alison Rd, Wyong
PO Box 411 Wyong, NSW 2259

Phone: (02) 4353 1750
Fax: (02) 4352 1209
Mobile: 0488 129 222
Email: madalyn@wyongneighbourhoodcentre.org.au

Hours Open: Monday – Thursday 9:30am – 4:30pm
Service Description:
NWSYAS implements, facilitates and advocates skills and professional based contemporary arts and culture projects, events, workshops and opportunities for young people (12-18yrs) living throughout Wyong Shire and the regions young emerging artists (18-25yrs), through employment, training and mentoring opportunities.
Interbowl Bateau Bay
470a The Entrance Rd, Bateau Bay
Phone: (02) 4332 9999
Web: www.bateaubay.interbowl.com.au

Interbowl Gosford
Brooks Ave, Wyoming
Phone: (02) 4328 3133
Web: www.gosford.interbowl.com.au

Greater Union Cinemas – Tuggerah
Westfield Shopping Centre, Cobbs Rd Tuggerah
Phone: (02) 4353 4181
Web: www.eventcinemas.com.au

SLAM Factory
93 Gavenlock Rd, Tuggerah
Phone: (02) 4355 1557
Web: www.slamfactory.com.au

Majestic Cinemas - The Entrance
54 The Entrance Rd, The Entrance
Phone: (02) 4332 6566
Web: www.majesticcinemas.com.au

The Entrance Ocean Baths
Ocean Parade, The Entrance
Phone: (02) 4333 3711

Wyong Olympic Pool
Ithome St, Wyong
Phone: (02) 4352 1043
Toukley Indoor Pool

*Heador St, Toukley*

**Phone:** (02) 4396 5373  

Gosford Pool

*42 Masons Parade, Gosford*

**Phone:** (02) 4325 1869  

Peninsula Leisure Centre

*243 Blackwall Rd, Woy Woy*

**Phone:** (02) 4325 8123  

Hoyts Erina

*Erina Fair Shopping Centre*

**Phone:** (02) 4367 7887  

Erina Ice Arena

*Erina Fair Shopping Centre*

**Phone:** (02) 4367 8244  

Westfield Tuggerah

*Cobbs Rd, Tuggerah*

**Phone:** (02) 4305 5350  

Erina Fair Shopping Centre

*Terrigal Dr, Erina*

**Phone:** (02) 4367 7655  
RECONNECTING ADOLESCENT PARENT TEAM
Burnside
Level 2, 15 Watt St, Gosford
PO Box 2061, Gosford, NSW, 2250

Phone: 1800 067 967 (Intake) or (02) 4325 9600 (Gosford Office)
Fax: (02) 4324 3588
Web: www.burnside.org
Hours Open: Monday to Friday 8:30am – 4:30pm

Service Description:
RAPT works with Young People and their parents/and or other family members when there is conflict in the relationship and as a result of that conflict the Young person is at risk of becoming homeless or is already homeless. RAPT is a Voluntary program and works with young people aged 12 – 24 living on the central Coast. RAPT provides an outreach service and offers practical and personal support to young people and their family members in strengthening relationships.

ADOLESCENT AND FAMILY COUNSELLING
Youth for Christ (YFC) Central Coast
22 Adelaide St, Tumbi Umbi
Po Box 8101, Woy Woy, NSW 2261

Phone: (02) 4388 9593
Fax: (02) 4388 9596
Email: counselling_cc@yfc.org.au
Web: www.yfc.org.au
Hours Open: Monday – Friday 9:00am – 5pm

Service Description:
To provide individual and family counselling to young people aged 12-18 and their families who are experiencing difficulties in their living situation where the young person is at risk of leaving home. The service aims to prevent family breakdown by assisting young people and their families to improve communication and relationships between family members.
NEW STEPS HOME VISITING

Uniting Care Burnside

Level 2, 15 Watt St, Gosford
PO Box 2061, Gosford, NSW 2250

Phone: (02) 4325 9600
Fax: (02) 4324 3588
Email: rrichardson@burnside.org.au
Web: www.burnside.org.au

Hours Open: Monday – Friday 9:00am – 5:00pm

Service Description:

A free service for parents with children aged 0 – 2 who are living on the Central Coast. The service offers parents support through pregnancy and those early childhood years. The young parent case worker can provide support, advocacy and information to parents aged up to 24 years.

All referrals are to be directed to the Central Intake line which is 1800 067 967
GENERATION QUEER (GENQ)
Regional Youth Support Services
Parkside Building, 123 Donnison St Gosford
Po Box 1300, Gosford, NSW 2250

Phone: (02) 4323 2374
Fax: (02) 4323 3796
Email: genq@ryss.com.au
Web: www.ryss.com.au

Hours Open: Every Second and Fourth Thursday of the month 3pm – 5.30pm

Service Description:
GenQ is one of the longest running programs that Regional Youth Support Services inc has provided over its 23 years of working for the young people of the Central Coast. They provide a safe and supervised place where young people who may identify as Gay, Lesbian, Bi, Trans*, Queer or Questioning their sexuality can go to meet other same minded young people and get the information, support and resources they need to keep safe and have fun.

YOUTH HEALTH WORKER
NSCCAHS
Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333
Fax: (02) 4356 9350
Email: ccyhs@nsccahs.health.nsw.gov.au

Hours Open: Monday – Friday 8:30am – 5:00pm, except public holidays

Service Description:
Youth Health Outreach Worker: provides homeless and at-risk young people with health information, resources and skills for minimising health risks. Implements strategies to improve access to health services for homeless and at-risk young people in Gosford and Wyong LGAs. Advocates for development of appropriate youth services, and develop and implement health promotion and educational campaigns appropriate to homeless and at-risk young people. Contact the Worker on Duty at Youth Health or the Youth Health Outreach Worker, Monday to Friday, ph 4356 9333.
PFLAG (Parents, Families and Friends of Lesbians and Gays)
Newcastle Group

Phone: (02) 4977 3271
Email: contact@newcoastmcc.org.au
Web: www.pflagaustralia.org.au

Service Description:
PFLAG stands for Parents and Friends of Lesbians And Gays. We are a non-profit voluntary organisation whose members have a common goal of keeping families together. PFLAG is here to give help, support and information to families, friends of all gay people.

LINKS YOUTH SERVICE
San Remo Neighbourhood Centre
Brava Ave, San Remo (Opposite Northlakes High)
28 Brava Ave, San Remo, NSW 2262

Phone: (02) 4390 7888
Fax: (02) 4399 2398
Email: links@sanremo.org.au or jillian@sanremo.org.au

Hours Open:
Youth Cabin – Monday, Tuesday, Wednesday, Thursday and Friday
Youth Centers – San Remo, Gwandalan and Blue Haven
Hours – flexible delivery

Service Description:
Provide Information, Support and Referral in the Youth Cabin
Youth centres at San Remo, Blue Haven and Gwandalan
Community projects in the Northern Wyong shire
Gen Q program social, support group for questioning and same sex attracted young people
LINKS Youth Service aims to provide a fun and safe non-threatening environment for young people aged 11 - 18 years to make social connections, participate in sport and recreational activities, and cater to the changing needs and demands of young people in the north of the Wyong Shire from Wadalba to Summerland Point within an assets based community development framework. LINKS Youth Services aims to provide best practice youth service provision to all young people inclusive of young people who are Aboriginal and Torres Strait Islander, Culturally and Linguistically Diverse, and Disabled or otherwise marginalised.
GAY AND LESBIAN YOUTH AND FAMILY SUPPORT

Twenty 10
45 Bedford St, Newtown
Po Box 553, Newtown, NSW 2042

Phone: 1800 652 010
Email: info@twenty10.org.au
Web: www.twenty10.org.au

Service Description:
Looking for somewhere to feel safe to be yourself? If you are under the age of 26 and identify as gay, lesbian bisexual, queer or transgender or are same-sex attracted, gender diverse or intersex, Twenty10 can help you access the support you may need.

SEXUAL HEALTH CLINIC
69 Holden St, Gosford, NSW 2250

Phone: (02) 4320 2114
Fax: (02) 4320 2020

Hours Open: Phone for Details

Service Description:
Testing and treatment for sexually transmitted infections. The Clinic will see anyone presenting with symptoms or who has been exposed to sexually transmitted infections.

Counselling is Available

Guys Clinic available on Thursdays
ycentral
The Gateway Building, Suite 1, Level 2/237 Mann St, Gosford 2250

Phone: (02) 4304 7878
Fax: (02) 4304 7800
Web: www.ycentral.com.au
Hours Open: Monday – Friday 8:30am – 5pm

Service Description:
A co-located one stop shop for young people 12-24 years. It provides youth specific and youth friendly services for young people and their families to deal with different problems. Workers from Children and Young People’s Mental health Services, Allied Health, Housing and Vocational and Education Services are available at different times to provide support for young people. Staff include GP’s, psychologist, social workers, nurses, education and employment specialist and youth friendly reception staff.

ABORIGINAL YOUTH HEALTH WORKER
NSCCAHS

Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333
Fax: (02) 4356 9350
Email: ccyhs@nsccahs.health.nsw.gov.au
Hours Open: Monday – Friday 8:30am – 5:00pm, except public holidays

Service Description:
Aboriginal Youth Health Worker: provides young Aboriginal people with health information, resources and skills for minimising health risks. Implements strategies to access young Aboriginal people in Gosford and Wyong LGAs. Advocates for development of appropriate youth services, and develop and implement health promotion and educational campaigns appropriate to young Aboriginal people. Contact the Worker on Duty at Youth Health or the Aboriginal Youth Health Worker, Monday to Friday, ph 4356 9333.

For other information about the Youth Health Service, see also Accommodation, ChIPS, Counselling, Drug and Alcohol Services, Health Services, Youth GP Clinics, Youth Health Clinic, Youth Health Outreach Worker, and Worker on Duty. Ph 4356 9333
ChIPS (CHRONIC ILLNESS PEER SUPPORT)
NSCCAHS

Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333
Fax: (02) 4356 9350
Email: ccyhs@nsccahs.health.nsw.gov.au

Hours Open: Monday – Friday 8:30am – 5:00pm, except public holidays
Service Description:
ChIPS (Chronic Illness Peer Support) is a peer support program for young people aged 12-25 years living with a chronic illness or condition
For other information about Youth Health Service, see also Aboriginal Youth Health Worker, Accommodation, Counselling, Drug & Alcohol Services, Health Services, Youth GP Clinics, Youth Health Clinic, Youth Health Outreach Worker, and Worker on Duty. Ph 4356 9333

YOUTH HEALTH WORKER
NSCCAHS

Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333
Fax: (02) 4356 9350
Email: ccyhs@nsccahs.health.nsw.gov.au
Hours Open: Monday – Friday 8:30am – 5:00pm, except public holidays
Service Description:
Youth Health Outreach Worker: provides homeless and at-risk young people with health information, resources and skills for minimising health risks. Implements strategies to improve access to health services for homeless and at-risk young people in Gosford and Wyong LGAs. Advocates for development of appropriate youth services, and develop and implement health promotion and educational campaigns appropriate to homeless and at-risk young people. Contact the Worker on Duty at Youth Health or the Youth Health Outreach Worker, Monday to Friday, ph 4356 9333.
SEXUAL HEALTH CLINIC
69 Holden St, Gosford, NSW 2250

Phone: (02) 4320 2114
Fax: (02) 4320 2020
Hours Open: Phone for Details
Service Description:
Testing and treatment for sexually transmitted infections. The Clinic will see anyone presenting with symptoms or who has been exposed to sexually transmitted infections.
Counselling is Available
Guys Clinic available on Thursdays

ELEANOR DUNCAN ABORIGINAL HEALTH CENTRE
Yerin Aboriginal Health Services
37 Alison Rd Wyong
Phone: (02) 4351 4637
Email: cathiesinclair@yerin.org.au
Web: www.yerin.org.au
Hours Open: Monday – Friday 9:00am – 5:00pm
Service Description:
All health services available
YOUTH HEALTH CLINICS
NSCCAHS

Kincumber Youth Centre, Gravity Youth Centre and The Web Youth Centre
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333
Fax: (02) 4356 9350
Email: ccyhs@nsccahs.health.nsw.gov.au

Hours Open: Various, see below

Service Description:
DROP–IN, NO APPOINTMENT NECESSARY

• Wednesdays, 2 – 5 pm (Not in School Holidays), ‘Gravity’ Youth Centre, Lakehaven, Off Bannister Drive (near sports complex & Lakehaven Shopping Centre)
• Wednesdays, 3 – 5 pm (Not in School Holidays), Kincumber Youth Centre, Unit 2B/20 Kincumber Street (behind Kincumber Shopping Centre)
• Fridays, 4 – 8 pm (Not in School Holidays), ‘The Web’ Youth Centre, Woy Woy, Corner McMasters Road and Ocean Beach Road, Woy Woy

Youth GP Clinics: Youth Health nurses work with doctors (General Practitioners) to provide health care at no cost to young people in youth centres, on a broad range of health concerns.

WORKER ON DUTY – YOUTH HEALTH SERVICE
NSCCAHS

Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333
Fax: (02) 4356 9350
Email: ccyhs@nsccahs.health.nsw.gov.au

Hours Open: Monday – Friday 8:30am – 5:00pm, except public holidays

Service Description:
The Worker on Duty at Youth Health provides health information a range of health issues and referral for young people, 12 – 24 yrs of age.
THE AFTERCARE RESOURCE CENTRE

Relationships Australia

Parkside Building, 123 Donnison St, Gosford NSW 2250

Phone: (02) 4322 3659
Mobile: 0423 029 961
Fax: (02) 4322 3659
Email: arc@ransw.org.au
Web: www.nsw.relationships.com.au

Hours Open: Monday – Friday 8am – 4pm

Service Description:

The ARC provides support, information and resources to assist young people who have left or are about to leave out-of-home care. The support may be for housing, education, budgeting, parenting, or referral to other appropriate agencies as required. We can also help you to access our ward file and provide support you while you read it.

KOORI CONNECT

Youth Connections

Unit 6/1 Reliance Dr, Tuggerah Business Park, Tuggerah
PO Box 3557 Tuggerah, NSW 2259

Phone: (02) 4350 2600
Mobile: 0429 210 024
Fax: (02) 4350 2601
Email: denise@youthconnections.com.au
Web: www.youthconnections.com.au

Hours Open: Monday – Friday 9:30am – 4:30pm

Service Description:

Koori Connect has 3 Aboriginal Staff – Youth Worker, Aboriginal Culture & Heritage Advisor and Manager.

Our role in Koori Connect is to:

1. Work with Aboriginal and Torres Strait Islander youth who are disengaging from school or who have already disengaged;
2. Deliver Cultural Awareness to Internal staff and students entering the workforce;
3. Provide Art & Cultural Presentations/Workshops to schools & community;
4. Provide Outreach service to community
HAND BRAKE TURN
Concern Australia
10 Dignity Cres, West Gosford

Phone: (02) 4323 6309
Fax: (02) 4323 6389
Email: hbt.cc@concernaustralia.org.au
Web: www.concernaustralia.org.au/handbraketurn
Hours Open: Mon - Fri: 9am – 3pm

Service Description:
Accredited and Registered Training program in Certificate I Automotive, (Certificate II from 2011), for young people from age 15 yrs; providing ‘hands-on’ training in Motor Mechanics, Spray Painting, Panel Beating, OH&S, and car detailing. In addition to automotive training, HBT seeks to develop self-confidence, self-worth and enhance interpersonal and literacy skills, interview and job management training and motivation, communication skills and goal setting.

NUNYARA ABORIGINAL HEALTH UNIT CONNECT
NSCCAHS
81 Holden St, Gosford
PO Box 361, Gosford, NSW 2250

Phone: (02) 4320 2698
Fax: (02) 4320 2695
Email: lbellear@nsccahs.health.nsw.gov.au
Web: www.nsccahs.health.nsw.gov.au
Hours Open: Monday – Friday 8:30am – 5:00pm

Service Description:
Provides a service for the Aboriginal Community and liaison between service providers and community members. Our major goal is to liaise, educate and inform and assist the Aboriginal Community in accessing Central Coast Health and the services available in the community. Our Hospital Liaison Officer’s role is to act as an advocate and support person for Aboriginal patients within the health system. Our team represents NSCCAHS on state-wide committees, providing leadership and guidance, advocating for Aboriginal Health improvement, Aboriginal Health policy and its implementation. The Chronic Care Team work to improve the health outcomes of Aboriginal people with or at risk of cardiovascular disease through improved access to and co-ordination of services and improved quality of care.
ABORIGINAL YOUTH HEALTH WORKER
NSCCAHS

Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333
Fax: (02) 4356 9350
Email: ccyhs@nsccahs.health.nsw.gov.au
Hours Open: Monday – Friday 8:30am – 5:00pm, except public holidays
Service Description:
Aboriginal Youth Health Worker: provides young Aboriginal people with health information, resources and skills for minimising health risks. Implements strategies to access young Aboriginal people in Gosford and Wyong LGAs. Advocates for development of appropriate youth services, and develop and implement health promotion and educational campaigns appropriate to young Aboriginal people. Contact the Worker on Duty at Youth Health or the Aboriginal Youth Health Worker, Monday to Friday, ph 4356 9333.
For other information about the Youth Health Service, see also Accommodation, ChiPS, Counselling, Drug and Alcohol Services, Health Services, Youth GP Clinics, Youth Health Clinic, Youth Health Outreach Worker, and Worker on Duty. Ph 4356 9333

S.A.A.P YOUTH PROGRAM
Bungaree Aboriginal Association
48 Victoria Ave, Toukley
Po Box 422 Toukley, NSW 2263

Phone: (02) 4397 7700
Fax: (02) 4397 3385
Hours Open: Mon - Fri: 9:00am – 5:00pm
Service Description:
Provision of information and advice, advocacy, assistance with help line and referrals, counselling, mediation, legal advice, assistance to access services, mentoring and support.
DARKINJUNG LAND COUNCIL
168 Pacific Highway, Watanobbi
Po Box 401 Wyong, NSW 2259

Phone: (02) 4351 2930
Fax: (02) 4351 2946
Hours Open: Mon - Fri: 8:30am – 4:30pm
Service Description:
“Create, maintain and celebrate a culturally affirming, socially strong and healthy community, through maintaining and promoting cultural practices and protocols”
“To develop a sustainable business that builds and strengthens the community through the development of partnerships that inspires and respect Aboriginal traditions and cultural values”

ELEANOR DUNCAN ABORIGINAL HEALTH CENTRE
Yerin Aboriginal Health Services
37 Alison Rd Wyong
Phone: (02) 4351 4637
Email: cathiesinclair@yerin.org.au
Web: www.yerin.org.au
Hours Open: Monday – Friday 9:00am – 5:00pm
Service Description:
All health services available
**JUVENILE JUSTICE COMMUNITY SERVICES**

**Human Services**

*Level 1, 15 Watt St, Gosford*

*PO Box 1927, Gosford, NSW 2250*

**Phone:** (02) 4325 6800  
**Fax:** (02) 4323 4441  
**Web:** [www.djj.nsw.gov.au](http://www.djj.nsw.gov.au)  
**Hours Open:** Mon - Fri: 9am – 5pm

**Service Description:**

Juvenile Justice Community Services provides supervision and support to young offenders who are made subject to Court Orders. This service also administers Youth Justice Conferences for young offenders referred by either police or the Children’s Court. Referrals can only be made by Police or Court.

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**CHILDREN’S COURT ASSISTANCE SCHEME**

*31 Alison Rd, Wyong*

*PO Box 246, Wyong, NSW 2259*

**Phone:** (02) 4353 0111  
**Mobile:** 0413 534 911  
**Fax:** (02) 4353 4680  
**Email:** centralcoast_ccas@clc.net.au  
**Web:** [www.centralcoastclc.org.au](http://www.centralcoastclc.org.au)  
**Hours Open:** Mon, Tues, and Fri: 9am – 2pm at Court and Thurs 9am – 1pm in Office

**Service Description:**

To provide court support including information, practical and emotional support, advocacy and referrals to young people and their families appearing before the magistrate in the children’s court. We operate from Woy Woy children’s court Mondays and Fridays and Wyong Children’s Court on Tuesdays.
CENTRAL COAST COMMUNITY LEGAL CENTRE
31 Alison Rd, Wyong
PO Box 246, Wyong, NSW 2259

Phone: (02) 4353 4988
Fax: (02) 4353 4680
Email: admin_cclc@clc.net.au
Web: www.centralcoastclc.org.au

Hours Open: Monday – Friday 9:00am – 5:00pm
Service Description:
Central Coast Community Legal Centre is a non-profit community based legal service providing free assistance to individuals and non-profit groups who live or work on the Central Coast.
As well, we provide Community Legal Education, Law Reform and Systemic Advocacy, Homeless Outreach Legal Services, Children’s Court Assistance Scheme, Co-operative Legal Service Delivery Program and Justice of the Peace services.

OFFICE OF FAIR TRADING
Level 2, Gateway Centre, 237 Mann St, Gosford
Po Box 1019, Gosford, NSW 2250

Phone: (02) 4320 0600
Fax: (02) 4320 0602
Web: www.fairtrading.nsw.gov.au
Hours Open: Monday – Friday 8:30am – 5:00pm
Service Description:
As the consumer protection agency in NSW, the Office of Fair Trading works to assist customers in resolving a wide range of issues. Consumer advice, complaint and dispute resolution, Tenancy Information, Rental Bonds, REVS, Credit advice and assistance, Shopping (Refunds and Repairs), Trade Measurement and Product safety, Strata/Residential Parks/Retirement Villages, Business Name Registration, Business Licence Information Service.
WOY WOY CHILDREN’S COURT

Woy Woy Courthouse 78-80 Blackwall Rd, Woy Woy

Phone: (02) 4344 0111
Fax: (02) 4344 4831
Hours Open: Monday to Friday 9am-1pm and 2pm-4pm
Service Description:
Chamber Registrar service available by appointment 4-5 days per week. Call office to arrange appointment. Each Monday from Central Coast Youth Court Support based at Central Coast Legal Centre Wyong on 43530111 co-ordinator David McDonald.

WYONG CHILDREN’S COURT

Wyong Court House Cnr Hely St and Anzac Ave, Wyong

Phone: (02) 4350 3010
Fax: (02) 4350 3050
Hours Open: Monday to Friday 9am-4pm
Service Description:
Chamber Registrar service available by appointment 4-5 days per week. Call office to arrange appointment. Each Tuesday from Central Coast Youth Court Support based at Central Coast Legal Centre Wyong. Salvation Army provides refreshments on Local and Children’s Court sitting days Salvation Army Chaplaincy service available at Wyong Court

FRANK BAXTER JUVENILE JUSTICE CENTRE

Juvenile Justice
Pacific Hwy, Kariong (Off The Avenue)

Phone: (02) 4340 3800 or (02) 4340 3888 (visitation bookings)
Fax: (02) 4340 3862
Hours Open: Visiting times - Wed: 2:30pm to 5pm; Sat and Sun: 9am - 11am, 2.30pm - 5pm
Service Description:
Frank Baxter Juvenile Justice Centre is the largest juvenile justice centre in the state with a capacity for 120 young people and is located at Kariong near Gosford. The centre was opened in October 1999 and accommodates males aged 16 to 21 years, mostly on control orders. The centre offers a range of health, educational and spiritual services to the young people, including individual case management, specialised counselling, and training in job and living skills.
LEGAL AID – GOSFORD

Level 2, 37 William Street, Gosford 2250

Phone: (02) 4324 5611
Fax: (02) 4324 3503
Web: www.legalaid.nsw.gov.au

Service Description:
We assist socially and economically disadvantaged people to understand and protect their rights. One of the functions of the legal system is to safeguard people’s rights. The legal system can only perform this protective role if people have equitable access to it.

PROBATION AND PAROLE SERVICE

Corrective Services
125 Donnison St Gosford
Po Box 1024 Gosford NSW 2250

Phone: (02) 4324 3744
Fax: (02) 4323 2913

Service Description:
Supervision of adult offenders and provision of a number of programmes (drug and alcohol and personal development) to offenders on probation, parole or community service orders.
BATEAU BAY LIBRARY
Wyong Shire Council
Bay Village Shopping Centre, The Entrance Road, Bateau Bay

Phone: (02) 4332 3243
Fax: (02) 4334 4294
Info: Monday - Friday, 9am - 5.30pm, Saturday, 9am - 3pm

BOOK EXPRESS
Gosford City Council Library Services
Woy Woy and Gosford Train Stations

Info:
Woy Woy Station – Tuesday and Thursdays 5am – 8:30am
Gosford Station – Wednesday and Friday 5am – 8:30am

BOOK MOBILE
Gosford City Council Library Services
Nursing Homes and selected community spaces

Info:
See website for timetable information

ERINA LIBRARY
Gosford City Council Library Services
The Hive, Erina Fair

Phone: (02) 4365 6725
Fax: (02) 4365 6724
Info: Monday to Wednesday - 9.30am - 5pm, Thursday - 9.30am - 7pm, Friday - 9.30am - 5pm
Saturday - 9.30am - 4pm, Sunday - 12pm - 3pm
GOSFORD LIBRARY
Gosford City Council Library Services
118 Donnison St, Gosford
Phone: (02) 4304 7500
Fax: (02) 4323 7086
Info:
Monday to Friday: 9.30am - 5pm, Saturday: 9.30am - 12.30pm

KARIONG LIBRARY
Gosford City Council Library Services
Cnr Curringa Road & Arunta Ave, Kariong
Phone: (02) 4325 8155
Fax: (02) 4340 1749
Info:
Tuesday to Friday: 9.30am - 5.00pm, Saturday: 9.30am - 2.30pm
NB: This branch closes for lunch each weekday between 1pm and 2pm.

KINCUMBER LIBRARY
Gosford City Council Library Services
3 Bungoona Road, Kincumber
Phone: (02) 4304 7641
Fax: (02) 4363 2816
Info:
Monday to Friday: 9.30am - 5.00pm

LAKE HAVEN LIBRARY
Wyong Shire Council
Lake Haven Shopping Centre, Goobarabah Ave, Lake Haven
Phone: (02) 4392 7843
Fax: (02) 4393 2492
Info:
Monday - Friday, 9am - 5.30pm, Saturday, 9am - 3pm, Sunday, 10am - 2pm

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NIAGARA PARK LIBRARY
Gosford City Council Library Services
Washington Avenue, Niagara Park

Phone: (02) 4304 7335
Fax: (02) 4329 2646
Info:
Monday, Wednesday to Friday: 9.30am - 5pm

THE ENTRANCE LIBRARY
Wyong Shire Council
211a The Entrance Road, The Entrance

Phone: (02) 4332 2256
Fax: (02) 4334 4306
Info:
Library and Council services: Monday - Friday, 9.30am - 4.30pm
Library services: Saturday, 9am - 12 noon

TOUKLEY LIBRARY
Wyong Shire Council
Victoria Avenue, Toukley

Phone: (02) 4396 4247
Fax: (02) 4397 2154
Info:
Monday - Friday, 9am - 4.30pm, Saturday 9am - 12noon

TUGGERAH LIBRARY
Wyong Shire Council
Westfield Shopping Centre, Cobbs Road, Tuggerah

Phone: (02) 4350 1560
Fax: (02) 4353 5670
Info:
Monday - Friday, 9am - 5.30pm, Saturday, 9am - 3pm
UMINA BEACH LIBRARY
Gosford City Council Library Services
Cnr West St & Bullion St, Umina

Phone: (02) 4304 7333
Fax: (02) 4343 1655
Info: Monday to Friday: 9.30am - 5pm

WOY WOY LIBRARY
Gosford City Council Library Services
Cnr Blackwall Road & Oval Ave, Woy Woy

Phone: (02) 4304 7555
Fax: (02) 4342 5277
Info: Monday to Friday: 9.30am - 5pm, Saturday: 9.30am - 12.30pm, Sunday: 12pm - 3pm

WYOMING LIBRARY
Gosford City Council Library Services
Shop 3, 127 Maidens Brush Road, Wyoming

Phone: (02) 4304 7525
Fax: (02) 4321 0726
Info: Monday, Tuesday, Thursday & Friday: 9.30am - 5pm
NB: This branch closes for lunch each day between 1pm and 2pm.
ycentral

The Gateway Building, Suite 1, Level 2/237 Mann St, Gosford 2250

Phone: (02) 4304 7870
Fax: (02) 4304 7800
Web: www.ycentral.com.au

Hours Open: Monday – Friday 8:30am – 5pm

Service Description:
Ycentral is a co-located one stop shop for young people 12-24 years. It provides youth specific and youth friendly services for young people and their families to deal with different problems. Workers from Children and Young People’s Mental health Services, headspace, allied health professionals, housing and vocational and education Services are available at different times to provide support for young people. Staff includes GP’s, psychologists, social workers, nurses, education and employment specialist and youth friendly reception staff

HEADSPACE CENTRAL COAST

The Gateway Building, Suite 1, Level 2/237 Mann St, Gosford 2250

Phone: (02) 4304 7870
Fax: (02) 4304 7899
Mobile: 0418 211 843
Web: www.headspace.org.au/centralcoast

Hours Open: 1.00 – 4.00pm Mon- Fri for phone inquiries & new referrals. 8.30am – 5.00pm Mon - Fri for booked appointments

Service Description:
Headspace Central Coast is the National Youth Mental Initiative working to reduce the impact of mental health and substance use on young people 12-24 years. Headspace CC is a non- crisis service for young people 12-24 years offering services from ycentral the “one stop shop” in Gosford. The headspace Youth Access Team provides youth friendly assessment, information and referral to a range of community services, including support services for young people and families, GPs, Private Allied Health Professionals, accommodation, vocational and employment service.
CHILDREN AND YOUNG PEOPLE’S MENTAL HEALTH SERVICE

The Gateway Building, Suite 1, Level 2/237 Mann St, Gosford 2250

Phone: 1800 011 511 (Central Intake – 24hr Service) or (02) 4304 7878 (General Enquiries)

Fax: (02) 4304 7800

Web: www.ycentral.com.au

Hours Open: Monday – Friday 8:30am – 5pm

Service Description:

Central Intake is the first point of contact for anyone wishing to obtain CYPMH Services on the Central Coast. This service is available 24hrs a day, 7 days a week on 1800 011 511.

Children & Young Peoples Mental Health Service (CYPMH) is a mobile, outreach and assertive clinical mental health services for young people 12-24 years with moderate to severe mental health problems. Service includes a mental health assessment from ypage and referral to: Youth mental health team, Young People, and early Psychosis Intervention (YPPI), Youth mental health group programs including Recovery groups and Primary Health Clinics and GP liaison for current clients.

Comprehensive prevention, promotion and early intervention programs are also available at CYPMH @ycentral:

- mental health and parenting
- pregnancy and infant mental health support
- children of parents with a mental illness (COPMI)
- school link
- mental health research and evaluation
- youth mental health projects
- primary health clinics
- vocational, educational, training and employment (VETE)

How do you contact us?

Referrals for CYPMH can be made by phoning:
Mental Health Central Intake 1800 011 511 (24hr phone service)
CENTRAL COAST RESPITE AND CARELINK CENTRE
NSCCAHS
Shop 2 Ground Floor, Citigate Centre. 451 Pacific Highway, North Gosford NSW 2250
PO Box 361, Gosford, NSW, 2250

Phone: 1800 052 222
Fax: (02) 4304 0726
Email: carerrespite@nsccahs.health.nsw.gov.au
Web: www.respiteoptionscc.com.au
Hours Open: 1800 052 222 - 24 hour Emergency hotline   Shop front open – 8.30 – 4.30pm

Service Description:
Information, referral and respite for Carers of young people with a disability or mental health condition, and for young people in a caring role.

YOUNG ARAFAMI
Arafami
6/20-22 Kincumber St, Kincumber
PO Box 6159, Kincumber, NSW, 2251

Phone: (02) 4369 4233
Fax: (02) 4363 1069
Email: familysupport@ccarafmi.org.au
Web: www.ccarafmi.org.au
Hours Open: Monday – Friday 9:00am – 4:30pm
Service Description:
Children can be carers for their parents/siblings or extended family members who reside with the child. Our Child and Adolescent Support Worker will provide a quality service to children where mental illness has disrupted the family, through services including:
Assessment of child and family needs, Child and adolescent counselling around mental health issues, Individual and family consultations, Liaison with and referral to other services, Education and training regarding mental illness and its effects, including medication, Group work including “Kids Club’ and ‘Kids Konnecting’ – support for children whose parents have a mental illness, Telephone support
NORTHERN SETTLEMENT SERVICES
Central Coast
1 Bay Village Rd, Bateau Bay 250
PO Box 4167, Bay Village, NSW, 2261

Phone: (02) 4334 3877
Fax: (02) 4334 3044
Email: cc@nsservices.com.au
Web: www.nsservices.com.au
Hours Open: Monday to Friday

Service Description:
We are an entirely independent not for profit entity with a very diverse funding base, delivering settlement services to a comprehensive client base and are strategically placed to develop new services in response to local need in our area of operations the Hunter, Central Coast, and Northern Tablelands of NSW.
Our services include multi-lingual information and referral, casework and counselling, community education and development. We offer consultancy and cross cultural training to other agencies to assist them in their service delivery to migrants. We also provide migration advice and assistance by agents accredited with the Migration Agents Registration Scheme.
Northern Settlement Services Limited offers a variety of settlement services to refugees and migrants of NESB (non-English speaking background). We promote access and equity in service delivery to refugees and migrants and support the activities and projects of multicultural and diverse interest groups in the community.

SUPPORTED PLAYGROUPS AT GOSFORD
Families NSW

Phone: (02) 4340 1111
Web: www.ccfdc.com.au
Supported Playgroup provides a welcoming, relaxed and friendly environment for families. Run by trained Playgroup Facilitators whose role it is to provide fun activities for children and their families including CALD and Indigenous. Provide information, support, resources and children’s borrowing library.
MULTICULTURAL GROUP PROGRAM
Warnervale Family & Community Centre at Hamlyn Terrace
Phone: (02) 4323 7483
Service Description:
Provides migrant support, assistance, referrals and information

MULTICULTURAL PROJECT
Wyoming Community Centre

Phone: (02) 4323 7483
Web: www.wyomingcommunitycentre.org.au
Service Description:
Provides information, assistance and referral services to multicultural communities on the Central Coast.

CENTRAL COAST NEIGHBOURHOOD CENTRE AT KARIONG

Phone: (02) 4340 1724
Web: www.ccnccforum.org.au
Service Description:
Assess the needs of local residents including Indigenous, Torres Strait Islanders and people from CALD backgrounds. Implement programs/activities to assist in addressing identified needs and provide support, referrals and advocacy service.

BERKLEY VALE NEIGHBOURHOOD CENTRE AT GLENNING VALLEY

Phone: (02) 4388 5801
Web: www.bvnc.org.au
Service Description:
Provides information, referrals, advocacy, support groups and outreach programs to most target groups including Aboriginal and Torres Strait Islander.
CENTRAL COAST YOUTH INTERAGENCY
C/O Gosford City Council Youth Services
PO Box 21, Gosford NSW 2250

Phone: (02) 4325 8814
Fax: (02) 4325 8870
Hours Open: Meets first Tuesday each month at 9:30am
Service Description:
Information sharing network with youth services on the Central Coast. Advocacy on issues affecting young people. Meets monthly and produces a weekly e-newsletter.

YOUTH ACTION POLICY ASSOCIATION (YAPA)
Suite 403, 64-76 Kippax St Surry Hills

Phone: (02) 9281 5522 and 1800 627 323
Fax: (02) 9281 5588
Email: info@yapa.org.au
Web: www.yapa.org.au
Hours Open: Business Hours
Service Description:
YAPA is the peak organisation representing young people and youth services in NSW and works towards a society where all young people are supported, engaged and valued. The role of YAPA is to:

- Monitor and respond to government policies and proposals affecting young people
- Promote and advocate on issues affecting young people and youth services
- Bring young people and youth workers together to act on issues affecting them
- Work to raise a positive profile of young people in the media and in the community
- Provide training, forums and conferences to young people and youth workers
- Provide information and referral
- Produce a range of resources, publications and newsletters.
GOSFORD CITY YOUTH COUNCIL

PO Box 21, Gosford NSW 2250

Phone: (02) 4325 8814
Fax: (02) 4325 8870
Email: youth.council@gosford.nsw.gov.au

Hours Open: Meets monthly

Service Description:

Gosford City Youth Council is devoted to helping to better the future for young people on the Central Coast. The Council is run by an enthusiastic group of young people aged between 12 and 25 years who live, work or study in the Gosford City area.

Youth Council offers an opportunity for people to get involved with their local community and to engage in positions of leadership, and to work closely with Gosford City Council.

REGIONAL YOUTH DEVELOPMENT OFFICERS NETWORK

(RYDON)

Phone: Various (See Website)
Web: www.rydon.org.au

Hours Open: Meets monthly

Service Description:

RYDON Inc is a network of Youth Development Officers from the Cessnock, Dungog, Gloucester, Gosford, Great Lakes, Taree, Lake Macquarie, Maitland, Newcastle, Port Stephens, Upper Hunter and Wyong Local Government Areas.

RYDON’s primary purpose is to focus on community development activities that will assist young people to access community resources and opportunities.

This is done through:

- Promoting coordination, cooperation and networking between providers of services to young people;
- Lobbying government and other relevant bodies on behalf of young people and providers of services to young people;
- Supporting, organising and providing training for those working with young people;
- Representing the interest of young people and those working with young people.
YOUTH SERVICES
Gosford City Council
53 – 71 Mann St, Gosford
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4325 8814
Mobile: 0407219 058
Fax: (02) 4325 8870
Email: nick.rendell@gosford.nsw.gov.au
Hours Open: Mon – Fri 9am – 4:30pm

Service Description:

Gosford City Council Youth Services operates to promote and advocate on behalf of young people and to assist youth sector members on the Central Coast. Youth Week, Central Coast Youth Interagency and other LGA wide initiatives are operated by GCC Youth Services.

GOSFORD CITY COUNCIL
49 Mann St, Gosford
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4325 8222
Fax: (02) 4325 2477
Email: goscity@gosford.nsw.gov.au
Web: www.gosford.nsw.gov.au
Hours Open: Mon – Fri 8:30am – 5:00pm

Service Description:

The Council is responsible for the protection and improvement of the quality and standard of living in Gosford City. Council's Charter, under the NSW Local Government Act, is to properly manage, develop, protect, restore and conserve the environment of Gosford City in a manner that is consistent with and promotes the principles of ecologically sustainable development.

Council endeavours to satisfy the needs of both residents and visitors and anticipate their further requirements through the planning and implementation of physical and community development programs. These programs offer a wide range of physical, social, environmental and cultural services and facilities.
YOUTH ENGAGEMENT OFFICER
Wyong Shire Council
2 Hely St, Wyong
PO Box 20, Wyong, NSW, 2059

Phone: (02) 43505555
Fax: (02) 43512098
Web: www.wyong.nsw.gov.au
Hours Open: Mon - Fri: 8:30am-4:30pm
Service Description:
To implement the Wyong Shire Council Youth Engagement Strategy.
Partnering with the Shires young people and valuing their role within the community

CENTRAL COAST COMMUNITY COUNCIL
1 Bay Village Rd, Bateau Bay, NSW 2261

Phone: (02) 43334401
Fax: (02) 43334402
Email: admin@thecccc.org.au
Web: www.thecccc.org.au
Hours Open: Monday – Thursday 9:00am – 4:00pm
Service Description:
The CCCC provides advocacy and support to all community organisations on the Central Coast as the regional peak body. We work in partnership with local community organisations, NCOSS and ACOSS to ensure any gaps in community services are advocated at regional, state and national levels.

WYONG SHIRE COUNCIL
Hely St, Wyong
PO Box 20, Wyong, NSW, 2259

Phone: (02) 43505555
Fax: (02) 43512098
Email: wsc@wyong.nsw.gov.au
Web: www.wyong.nsw.gov.au
Hours Open: Mon – Fri 8:30am – 4:30pm
Service Description:
The Council is responsible for the protection and improvement of the quality and standard of living in Wyong Shire.
Member for Gosford, Marie Andrews (Australian Labor Party)
STATE GOVERNMENT
20 Blackwall Rd, Woy Woy
Po Box 223 Woy Woy, NSW 2256

Phone: (02) 4342 4122  
Fax: (02) 4341 2368  
Email: gosford@parliament.nsw.gov.au

Member for Wyong, David Harris (Australian Labor Party)
STATE GOVERNMENT
243 Main Rd, Toukley

Phone: (02) 4397 1000  
Fax: (02) 4397 1012  
Email: wyong@parliament.nsw.gov.au

Member for Terrigal, Chris Hartcher (Liberal Party)
STATE GOVERNMENT
Shop 3 Fountain Plaza, 148-158 The Entrance Rd, Erina

Phone: (02) 4365 1906  
Fax: (02) 4365 4768   
Email: terrigal@parliament.nsw.gov.au

Minister for the Central Coast, John Robertson (Australian Labor Party)
STATE GOVERNMENT
Level 35, Governor Macquarie Tower, 1 Farrer Pl Sydney

Phone: (02) 9228 5661  
Fax: (02) 9228 5168  
Email: office@robertson.minister.nsw.gov.au

Member for The Entrance, Grant McBride (Australian Labor Party)
STATE GOVERNMENT
24 The Entrance Rd, The Entrance, NSW 2261

Phone: (02) 4334 1012  
Fax: (02) 4334 3840  
Email: theentrance@parliament.nsw.gov.au
Member for Robertson, Deborah O’Neill (Australian Labor Party)
FEDERAL GOVERNMENT
91 Mann St, Gosford
Po Box 577 Gosford, NSW 2250

Phone: (02) 4322 1922
Fax: (02) 4322 2066
Contact: www.aph.gov.au/house/members/memfeedback.asp?id=651

Member for Shortland, Jill Hall (Australian Labor Party)
FEDERAL GOVERNMENT
26 Macquarie St, Belmont
Po Box 499 Belmont, NSW 2280

Phone: (02) 4947 9711
Fax: (02) 4947 9712
Email: jill.hall.MP@aph.gov.au

Member for Dobell, Craig Thomson (Australian Labor Party)
FEDERAL GOVERNMENT
Shop E1, Westfield Tuggerah
Po Box 3763 Tuggerah, NSW 2259

Phone: (02) 4935 1223
Fax: (02) 4353 6480
Contact: www.aph.gov.au/house/members/memfeedback.asp?id=HVZ

CENTRAL COAST MEN’S INTERAGENCY
Email: mensinterabency.cc@hotmail.com
Web: www.mensinteragency.com
Service Description:
The Mens Interagency focuses on developing strength and capacity in the regions in which it operates. Community strengthening is about building the capacity of and opportunities for men of all ages to actively engage in a wide variety of social, economic, cultural, recreational, learning and civic activities.
GOSFORD POLICE STATION - Brisbane Water LAC  
*Level 1, 9-11 Mann Street, Gosford*  
**Phone:** (02) 4323 5599  
**Fax:** (02) 4323 5409  
**Info:** Open 24 hours

TERRIGAL POLICE STATION - Brisbane Water LAC  
*13 Church Street, Terrigal*  
**Phone:** (02) 4384 4822  
**Fax:** (02) 4385 2040  
**Info:** Not open 24 hours

WOY WOY POLICE STATION - Brisbane Water LAC  
*49 Blackwall Road, Woy Woy*  
**Phone:** (02) 4379 7399  
**Fax:** (02) 4379 7311  
**Info:** Open 24 hours

THE ENTRANCE POLICE STATION - Tuggerah Lakes LAC  
*14 Dening Street, The Entrance*  
**Phone:** (02) 4333 2999  
**Fax:** (02) 4333 2911  
**Info:** Open 24 hours

TOUKLEY POLICE STATION - Tuggerah Lakes LAC  
*271-273 Main Road, Toukley*  
**Phone:** (02) 4390 1299  
**Fax:** (02) 4390 1211  
**Info:** Open 24 hours

WYONG POLICE STATION - Tuggerah Lakes LAC  
*10 Alison Road, WYONG*  
**Phone:** (02) 4352 4899  
**Fax:** (02) 4352 4811  
**Info:** Open 24 hours
YOUTH LIAISON OFFICERS

Brisbane Water LAC
Gosford Police Station
Senior Constable Jaime Tommerup
Phone: (02) 43235514
Fax: (02) 43235542

Responsible for Delivering Crime Prevention Workshops to Primary School classes and for the Implementation of the Young Offenders act within the command e.g. cautions, youth justice conferences. Am also available for advise on youth issues and incidents that occur in primary schools.

YOUTH LIAISON OFFICER
Tuggerah Lakes LAC
The Entrance Police Station
Constable Anthony Vanden Bergh
Phone: (02) 43332999
Fax: (02) 43332911

Responsible for Delivering Crime Prevention Workshops to Primary School classes and for the Implementation of the Young Offenders Act 1997, within the command eg cautions, youth justice conferences. Also available for advise on youth issues and incidents that occur in primary schools.

SCHOOL LIAISON OFFICER
Brisbane Water LAC
Gosford Police Station
Senior Constable Rebecca Armitage & Constable Denise Lynch
Phone: (02) 4323 5530
Fax: (02) 4323 5542

Responsible for Delivering Crime Prevention Workshops to Secondary School classes and for advice on youth issues and incidents that occur in high schools.

SCHOOL LIAISON OFFICER
Tuggerah Lakes LAC
The Entrance Police Station
Senior Constable Rachael Garland
Phone: (02) 43332999
Fax: (02) 43332911

Responsible for Delivering Crime Prevention Workshops to Secondary Schools and for advise on youth issues and incidents that occur in high schools.
Transition Support 7 – 12

Department of Education and Training

_Glenvale SSP, Narara Ck Rd, Narara_

**Phone:** (02) 4325 0792  
**Fax:** (02) 4325 0792  
**Hours Open:** School Hours  
**Service Description:**
Transition Support for students with a disability at DET High Schools. Support for students in Support Classes, SSP’s and Mainstream settings. Curriculum support, Vocational advice, Links to outside agencies; i.e. TAFE, University, DES Disability Employment Services, ADHC Assessments to Post School Programs.

**HOPETOWN**

_117 Pollock Ave, Wyong_

**Phone:** (02) 4353 2522  
**Fax:** (02) 4351 2381  
**Email:** hopetown-s.school@det.nsw.edu.au  
**Web:** www.hopetown-s.schools.nsw.edu.au  
**Service Description:**
Hopetown services the needs of primary and secondary students with emotional disturbance. The school is situated on an open rural setting and is well resourced with amenities including an indoor heated pool, tennis courts and a multipurpose hall. The curriculum offered enables students to proceed to the award of a School Certificate and to Years 11 and 12.

**GIRRKOOL EDUCATION AND TRAINING UNIT**

_Pacific Hwy Kariong (Frank Baxter)_

**Phone:** (02) 4340 1353  
**Fax:** (02) 4340 2527  
**Email:** girrakool-s.school@det.nsw.edu.au  
**Web:** www.girrakool-s.schools.nsw.edu.au  
**Service Description:**
Girrakool School is a community care school providing education and vocational training programs for male juvenile offenders. The school has been in new premises since the opening of the Frank Baxter Juvenile Justice Centre in October 1999. The mission of the school is "To create a positive learning environment and to facilitate the student's successful integration into their community". A variety of credentialed curriculum is provided which covers remedial, academic, recreational and vocational courses.
ALESCO LEARNING CENTRE CENTRAL COAST

Two campuses:

c/- Tuggerah Lakes Community College Shannon Parade, Berkeley Vale

And

c/- Youth Connections Green Central, Kariong

Phone: (02) 4353 0017
Fax: (02) 4353 5960
Email: acingi@tlcc.nsw.edu.au
Web: www.tlcc.nsw.edu.au

Hours Open: Mon - Fri: 8:30am – 5:00pm

Service Description:
A new independent, non-denominational, co-educational, Board of Studies accredited Years 9 and 10 school which values students as the centre of our community. We will provide young people who are unable to find success in traditional educational models, an opportunity to develop their capacity to learn and gain a sense of meaning and purpose in their lives by using vibrant, relevant and creative learning options.

THE HAVEN EDUCATION CENTRE

St Edwards College

165 Serpentine Rd, Terrigal

Po Box 4011, East Gosford NSW 2250

Phone: (02) 4367 5196
Fax: (02) 4367 5197
Email: ckokegei@stedwards.nsw.edu.au
Web: www.stedwards.nsw.edu.au

Service Description:
The Haven Education Centre address a complex set of individual problems presented by students which result in them being unable to cope with mainstream schooling.

The Haven Education Centre is an annexe of St Edwards College, East Gosford.
School Counselling Services: Educational psychologists are available for students at every government school, and can be accessed through the school switchboard or by talking with the Principal or class teacher.

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<tr>
<th>School Name</th>
<th>Address</th>
<th>Phone Number</th>
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<td>Round Drive, Avoca Beach</td>
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<td>Bateau Bay Primary School</td>
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<td>Brooke Ave Public School</td>
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<td>Central Coast Adventist School</td>
<td>Penrose Cres, Erina</td>
<td>4367 1800</td>
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<td>Arundel Rd, Erina Heights</td>
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<td>Cnr Web &amp; York Sts, East Gosford</td>
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<td>School Name</td>
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<td>Our Lady Of The Sea School</td>
<td>The Esplanade, Terrigal</td>
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SCHOOLS (Primary)
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<td>840 Wisemanns Ferry Rd</td>
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<td>St Edward's Christian Brothers School</td>
<td>Frederick St, East Gosford</td>
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<td>St Joseph's Catholic College</td>
<td>Russell Drysdale St</td>
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</table>
School Counselling Services: Educational psychologists are available for students at every government school, and can be accessed through the school switchboard or by talking with the Principal or class teacher.

<table>
<thead>
<tr>
<th>School Counselling Services: Educational psychologists are available for students at every government school, and can be accessed through the school switchboard or by talking with the Principal or class teacher.</th>
<th>Berkeley Vale Community High School</th>
<th>Brisbane Water Secondary College Umina Middle School Campus</th>
<th>Brisbane Water Secondary College Woy Woy Senior Campus</th>
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<tr>
<td>School</td>
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<td>Telephone</td>
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<td>Berkeley Vale Community High School</td>
<td>5-25 Berkeley Rd, Berkeley Vale</td>
<td>4388 1899</td>
<td>Central Coast Adventist School</td>
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<td>Wyong High School</td>
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ChIPS (CHRONIC ILLNESS PEER SUPPORT)
NSCCAHS

Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333
Fax: (02) 4356 9350
Email: ccyhs@nsccahs.health.nsw.gov.au

Hours Open: Monday – Friday 8:30am – 5:00pm, except public holidays

Service Description:
ChIPS (Chronic Illness Peer Support) is a peer support program for young people aged 12-25 years living with a chronic illness or condition
For other information about Youth Health Service, see also Aboriginal Youth Health Worker, Accommodation, Counselling, Drug & Alcohol Services, Health Services, Youth GP Clinics, Youth Health Clinic, Youth Health Outreach Worker, and Worker on Duty. Ph 4356 9333

GOSFORD REGIONAL GALLERY AND ARTS CENTRE
Gosford City Council
36 Webb St, East Gosford
Po Box 21, Gosford NSW 2250

Phone: (02) 4325 0056
Email: gallery@gosford.nsw.gov.au
Web: www.gosford.nsw.gov.au
Hours Open: Seven Days - 10:00am – 4:00pm
GIRL GUIDES ASSOCIATION OF NSW
Locked Bag 950, Strawberry Hills, NSW, 2012

Phone: (02) 4325 0056
Email: guides@girlguides-nswact.org.au
Web: www.girlguides-nswact.org.au
Hours Open: Monday to Friday

Service Description:
Girls of 5 to 18 years have fun and learn skills that develop their self-confidence and community responsibility. Guides meet weekly during the school term.
At meetings girls work in small groups, play games, progress through challenges, earn badges, run their own activities.
Camps offer girls the chance to enjoy being outdoors, try boating, abseiling, skiing and attend campfires.

MUSICIANS MAKING A DIFFERENCE
1/342 Mann St Gosford, NSW 2250

Phone: (02) 4322 5350
Fax: (02) 8208 9846
Email: info@mmad.org.au
Web: www.mmad.org.au
Hours Open: Monday, Tuesday, Thursday and Friday by appointment

Service Description:
Musicians Making A Difference (MMAD) is a charity targeting chronically homelessness youth, young offenders and long-term unemployed youth. MMAD uses innovative music, dance and mentoring programs to address the emotional, social & physical needs of young people aged between 14 & 25.
GOSFORD PRESBYTERIAN CHURCH
14-16 Young St, West Gosford
PO Box 1171, Gosford, NSW, 2250

Phone: (02) 4323 2490
Fax: (02) 4323 2490
Email: office@gosfordpc.com.au
Web: www.gosfordpc.com.au

Hours Open: Admin hours: No onsite admin. phone and email only. For program times, see below in service description

Service Description:
Sunday Church Services: 8am traditional service, 9:45am family service (with kids programs), 6:30pm youth/young adult service
Friday Activities: During school term
JAG+: Youth group for Primary School years 3-6 students, 5-7pm
GPC Youth: Youth group for High School years 7-11 students, 7:30-9:30pm
(Please ring to confirm times and activities)

Purpose of Group: Christian Education, Friendship, and Activities for children and youth of the Central Coast, based on the desire for all youth to know Jesus.

HOPE FAMILY CHURCH
Entrance High School Hall, The Entrance Rd, Long Jetty

Phone: (02) 4332 4633
Email: hopefamilychurch@bigpond.net.au
Web: www.hopefamilychurch.com

Hours Open: Sunday Service 10am, 18-30 yr olds Tuesday Night.

Service Description:
Held Sundays 10am in The Entrance High School Hall. Contact person - Richard 0409439567. We also hold an age 18-30's bible study/discussion group on a Tuesday night in Terrigal. Contact Jo 0418271621
TERRIGAL UNITING CHURCH
380 Terrigal Dr, Terrigal

Phone: (02) 4385 1248
Fax: (02) 4385 7287
Email: youthtuc@fastmail.com.au
Web: www.terrigalunitingchurch.com

Hours Open: Services most Saturdays, Sundays and Tuesdays. See web for details.

Service Description:
We proclaim God’s good news of salvation offered by Jesus Christ, in what we say and do in all areas of the life of the church. We pray and work for all people to accept Jesus Christ as their Lord and Saviour.

We are united and enlivened by the loving Holy Spirit of Christ and God’s good news.

Each believer in the congregation knows their spiritual gift(s) and serves God using that gift in a ministry in the church and / or in the community. They can name that ministry.

We offer outstretched hands from an open door for the “ugly, wet, naked & dirty” (of such we all are) to find rest, restoration, renewal, and growth.

People are equipped with knowledge and skills to assist living life to the fullness of the image of Christ. This includes the church making disciples, in Terrigal and beyond, in Australia and overseas.

All people on the pastoral care roll sharing in the pastoral care of each other, especially through small groups.

We wisely use God’s resources including our time, talents, property, and finances, seeing all we have as belonging to God and for us to share.

Commence and finish our every breath in worship to God for all the things implied above.

REDEMPTION YOUTH
Kariong Community Baptist Church
Kariong Public School Hall, Kariong
PO Box 7001 Kariong, NSW 2250

Phone: (02) 43721228
Email: youthpastor@kariongchurch.org.au
Web: www.kariongchurch.org.au

Hours Open: Friday Nights and Sunday mornings

Service Description:
Redemption Youth is the name of our youth ministry. There are various kinds of groups and activities available to cater for the diversity of youth involved.
GENERATION UNLIMITED
Church Unlimited
162 Pacific Hwy, Charmhaven

Phone: (02) 4393 3764
Fax: (02) 4393 3765
Email: info@churchunlimited.com.au
Web: www.churchunlimited.com.au

Hours Open: Friday night 7:00pm – 9:00pm

Service Description:
GENERATION UNLIMITED is an empowering youth ministry for all High School aged young people. At GU, we are about taking the truth and love of Jesus Christ across the street, and around the world.

Every Friday night, GU unites together from 7-9pm at Church Unlimited for a great night packed with Biblical teaching, Inspiring Praise and Worship, and crazy games! GU is a place you will be encouraged in your personal walk with Christ, a place of connection and friendship, and a place of freedom and fun!

At GU, we also have mid-week connect groups for both girls and guys. This is a fantastic way to build positive friendships and deepen your relationship with Christ.
SPORT AND RECREATION

Communities NSW

Central Coast Regional Office, c/o University of Newcastle, Ourimbah Campus

Brush Rd, Ourimbah, NSW, 2258

Phone: (02) 4362 6184
Fax: (02) 4362 2910
Email: centralcoast@communities.nsw.gov.au
Web: www.dsr.nsw.gov.au

Hours Open: Monday – Friday 8:30am – 5:00pm

Service Description:

Sport and Recreation is a division of Communities NSW, a state government department. The Central Coast office promotes physical activity and provides a range of courses relating to sport including; coaching, sports massage, club administration etc. The Central Coast regional Office also provides a wide range of school holiday activities and sports programs as well as development opportunities for sporting organisations on the Central Coast.

For detailed information on sporting organisations you can visit the webpage and search by sport using the ‘gateway to sport’ http://www.dsr.nsw.gov.au/gatewaytosport/

MYUNA BAY SPORT AND REC CENTRE

Communities NSW

Wangi Rd Myuna Bay

PO Box 5037 Dora Creek, NSW 2264

Phone: 1800 654 422 or (02) 4373 3301
Fax: (02) 4370 5014

Service Description:

Discover the natural beauty of Lake Macquarie by staying lakeside at Myuna Bay Sport and Recreation. Just a little over an hour’s drive north of Sydney, the centre is in a perfect location for outdoor adventure and specialises in water-based activities all year round.
UMINA PCYC
101 Osborne Avenue Umina Beach, NSW 2257

Phone: (02) 4344 7851
Fax: (02) 4344 7852
Email: uminabeach@pcycnsw.org.au
Web: www.pcycnsw.org.au/umina
Hours Open: Monday to Friday 3:30pm – 7:00pm
Service Description:
PCYC is a statewide partnership between young people, the community and the NSW Police Service working to assist young people to develop the qualities to be responsible citizens and leaders and to avoid becoming offenders or victims of crime.

BATEAU BAY PCYC
The Entrance Rd, Bateau Bay NSW 2261

Phone: (02) 4332 7000
Fax: (02) 4332 1071
Email: bateaubay@pcycnsw.org.au
Web: www.pcycnsw.org.au/bateaubay
Hours Open: Various – See site for details
Service Description:
PCYC is a statewide partnership between young people, the community and the NSW Police Service working to assist young people to develop the qualities to be responsible citizens and leaders and to avoid becoming offenders or victims of crime.

CENTRAL COAST YOUTH CLUB
Washington Avenue, Niagara Park
P.O. Box 9035 Wyoming NSW 2250

Phone: (02) 4328 2288
Fax: (02) 4328 1888
Email: email@ccyc.com.au
Web: www.ccyc.com.au
Service Description:
Sports facility available for use and hire
REGIONAL TRANSPORT COORDINATOR
Transport NSW
Level 3, 131-133, Donnison St, Gosford
PO Box 1327, Gosford, NSW, 2250

Phone: (02) 4337 2311
Fax: (02) 4324 2698
Mobile: 0407 946912
Email: robert.thomas@transport.nsw.gov.au

Hours Open:
Service Description:
My role aims to reduce the negative effects of transport disadvantage through improved coordination with community stakeholders, transport operators and other agencies.
Transport disadvantage is defined as a circumstance or set of circumstances that leaves those that are affected by it in a situation where they have limited or no access to private transport and they have difficulty in gaining access to conventional transport systems.

BUSWAYS – CENTRAL COAST
Gosford Depot
42 Empire Bay Dr, Kincumber 2251

Phone: (02) 4368 2277
Hours Open: 7am-7pm daily

Wyong Depot
9 Arizona Rd, Woongarrah 2259

Phone: (02) 4392 6666
Hours Open: 7am-7pm daily
Email: infoline@busways.com.au

CENTRAL COAST TAXIS

Phone: 131008
Vehicles in the Central Coast Taxis fleet include four seater and five seater sedans, four seater and five seater station wagons and Maxi Taxis that seat up to eleven passengers. Wheelchair accessible transport is also available and includes flashcabs and vans.
ST VINCENT DE PAUL SOCIETY

Broken Bay Diocese
203/1 Katherine St, Chatswood
PO Box 1246, Chatswood, NSW, 2057

Phone: (02) 9495 8306
Fax: (02) 9415 3193
Email: bbayyouth@vinnies.org.au
Web: www.vinnies.org.au
Hours Open: Monday – Friday 9am – 5pm
Service Description:
We run a Kids Camp program in the school holidays for children aged between 7 and 13. We also provide volunteering opportunities to young people over the age of 16.

Volunteering Central Coast Inc.
Niagara Park Community Centre, Washington Ave,
Niagara Park, NSW 2250.

Phone: (02) 4329 7122
Fax: (02) 4329 7188
Email: recruitment@volunteeringcentralcoast.org.au
Web: www.volunteeringcentralcoast.org.au
Hours Open: Monday – Thursday 9am – 4.30pm
Service Description:
We operate the only job centre for volunteers on the Central Coast. Potential volunteers are referred to one of more than 100 community organisations who are members of VCC. We offer training to volunteers and managers of volunteers and service and support both volunteers and community organisations.
www.youthdesk.com.au
Service Description:
Online information for Central Coast Youth Sector Members. Contains regular CCCYI information.

www.yapa.org.au
Service Description:
Peak Body for Youth Workers in NSW

www.ysite.com.au
Service Description:
Anything to do with the Central Coast for under 25’s. Here you can check what's going on, what young people on the coast think and what is being done about it.

www.ycentral.com.au
Service Description:
A one stop shop to support young people 12-25 with their health and wellbeing

www.reachout.com.au
Service Description:
Web Based services that inspires young people to help themselves through tough times.

www.youthweek.nsw.gov.au
Service Description:
Information including events calendar for Youth Week events in NSW.

www.whatsoncentralcoast.com.au
Service Description:
Information on local events.

www.headspace.org.au/centralcoast
Service Description:
Funded by the Aust Gov, under the Promoting Better Mental Health - Youth Mental Health Initiative.

www.beyondblue.org.au
Service Description:
Organisation that works in partnership to assist depression and other mental health issues.

www.kidshelpline.com.au
Service Description:
Counselling service for Australian children and young people aged between 5 and 25 years.
YOUNG PARENTS SUPPORT PROGRAM
Central Coast Family Support Service
21, Old Mt Penang Rd, Kariong
PO Box 7125, Kariong, NSW, 2250

Phone: (02) 4340 1585
Fax: (02) 4340 4772
Email: ccfss@ozemail.com.au or amberccfss@ozemail.com.au

Hours Open: Monday – Friday 9am – 4pm

Service Description:
The young parent support program provides home visiting and group based activities for pregnant and parenting young people aged 13 to 21 years. This service supports young people in a variety of settings with the aim to assisting the transition to parenthood.

PREGNANCY COUNSELLING
Centacare
53 Hely St, Wyong
20 Watt St, Gosford

Phone: (02) 4324 6246

Hours Open: Various – Call for Details

Service Description:
Central Coast Pregnancy Counselling can offer you support during crisis situations relating to pregnancy and assistance in looking at and exploring the options available to you in decision-making.
THE HILL YOUTH CENTRE
Gosford City Council Youth Services
98 Mitchell Drive, Kariong
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4304 7039
Mobile: 0407 940 433
Fax: (02) 4340 4678
Email: michelle.tilden@gosford.nsw.gov.au

Hours Open: Mon – Thur 3-6pm  Friday 3-8pm.  School Holidays 12pm - 4pm.
Young people 9 -12yo - Tuesdays 3.00 – 4.30 pm.

Service Description:
The Hill Youth Centre provides a safe and fun place for young people to participate in recreational activities, music, art, cooking, movie nights and other programs. Information, advocacy, referral, career guidance and homework help is also available. Structured programs and holiday activities for young people aged 12 - 18yrs. Ages outside 12-18 dependant of program. Advocacy for local community issues. The centre is a community facility available for hire.

REGIONAL YOUTH SUPPORT SERVICES INC
Parkside Building, 123 Donnison St Gosford
Po Box 1300, Gosford, NSW 2250

Phone: (02) 4323 2374
Fax: (02) 4323 3796
Email: administration@ryss.com.au

Hours Open: Monday-Friday: 9am – 6pm

Service Description:
Information, assessments & referrals to other agencies. RYSS is your point of access on the Central Coast for high quality services, resources & facilities specifically tailored to people aged 12 to 24 years of age.
THE HUB YOUTH ENTERTAINMENT VENUE
Gosford City Council Youth Services
North South Head Rd, Erina Fair, Erina
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4304 7104
Mobile: 0400 162 505
Fax: (02) 4365 6715
Email: steve.knee@gosford.nsw.gov.au
Web: www.thehuberina.com
Hours Open: See the Hub’s ever-evolving program of events at www.thehuberina.com

Service Description:
The Hub aims to provide a variety of structured programs, entertainment, activities, information and referral services for local youth. Our programmed activities promote positive development for young people within the safe and supportive environment of our venue.

KINCUMBER YOUTH CENTRE
Gosford City Council Youth Services
2/20 Kincumber St, Kincumber
PO Box 21, Gosford, NSW, 2250

Phone: (02) 4369 5633
Mobile: 0408 413 528
Fax: (02) 4369 2520
Email: jonathan.clarke@gosford.nsw.gov.au
Hours Open: Mon – Wed 2:30 – 5:30, Fri 2:30 – 5:30, School Holidays 12pm – 4pm

Service Description:
Kincumber Youth Centre provides a safe and fun place for young people to participate in recreational activities, music, art, cooking, movie nights and other programs. Information, advocacy, referral, career guidance and homework help is also available. Structured programs and holiday activities for young people aged 12 - 18yrs. Advocacy for local community issues. The centre is a community facility available for hire, including a recording studio.
**WYONG YOUTH SERVICES**

*Wyong Neighbourhood Centre*

*Off Bannister Dr, Lake Haven*

- **Phone:** (02) 4393 9555
- **Mobile:** 0403 129 920
- **Fax:** (02) 4393 6951
- **Email:** wyongyth@bigpond.net.au
- **Web:** [www.wyongneighbourhoodcentre.org.au](http://www.wyongneighbourhoodcentre.org.au)

**Hours Open:** Tues- 8.30-4pm, Wed-8.30-6, Thurs-8.30-6, Frid-8.30-6, Sat 9.30-1pm

**Service Description:**
Support, information & referral for young people aged 12-18yrs needing assistance with accommodation, education, employment, health clinic, self esteem, legal support, Centre link, Advocacy etc.

Programs- Values & ethics, Bullying, Anger Management, Holiday Programs.

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**WEB YOUTH SERVICES**

*Peninsula Community Centre Inc*

*93 McMasters Rd, Woy Woy*

*Po Box 512, Woy Woy, NSW 2256*

- **Phone:** (02) 4342 3684
- **Mobile:** 0414 511 841
- **Fax:** (02) 4342 3914
- **Email:** renee.moxon@paccs.com.au

**Hours Open:** Tuesday: 2.30pm-5pm, Wednesday: 2.30pm-6pm, Thursday: 2.30pm-5.30pm, Friday: 2.30pm-8pm

**Service Description:**
The WEB is a ‘drop-in’ service for young people 12 to 18 years of age (year 7 and above).

We can assist with support, advocacy, information, guidance and referral. It is a safe and friendly space where young people can also come to hang out and have fun. AOD Councillor also available Tue, Wed, Fri.

- Youth Health Clinic available Friday 3.30pm – 8pm
- Wesley Mission- Get it Together Program available Thursday 2.30pm – 5.30pm
WYOMING YOUTH CENTRE
Regional Youth Support Services
Warrawilla Rd, Wyoming
Po Box 1300, Gosford, NSW 2250

Phone: (02) 4325 0661
Mobile: 0400 407 207
Fax: (02) 4325 0662
Email: wyoming@ryss.com.au
Web: www.ryss.com.au
Hours Open: Tuesday-Friday: 3pm – 6pm

Service Description:
Provides a Youth Group Program, information & referral services, focussing on 12 to 18 years of age

PARKSIDE
Parkside Buildjng, 123 Donnison St Gosford
Po Box 1296, Gosford, NSW 2250

Phone: (02) 4323 1060
Fax: (02) 4323 7453
Email: parkside@parksideyouth.com.au
Hours Open: Monday-Friday: 8:30am – 5:00pm

Service Description:
Parkside is Multi Service Youth Service Centre, initiated by Regional Youth Support Services Inc and Employment Training (ET Australia). At present, Parkside houses 5 independent Youth Services. Regional Youth Support Services Information, assessments & referrals to other agencies. RYSS is your point of access on the Central Coast for high quality services, resources & facilities specifically tailored to people aged 12 to 24 years of age.
Youth Arts Warehouse A contemporary leading-edge facility in the heart of Gosford. The Youth Arts Warehouse provides professional art programming which creates artistic, cultural and professional development opportunities for young people (12 – 25) and emerging artists on the central coast
LINKS YOUTH SERVICE
San Remo Neighbourhood Centre
Brava Ave, San Remo (Opposite Northlakes High)
28 Brava Ave, San Remo, NSW 2262

Phone: (02) 4390 7888
Fax: (02) 4399 2398
Email: links@sanremo.org.au or jillian@sanremo.org.au

Hours Open:
Youth Cabin – Monday, Tuesday, Wednesday, Thursday and Friday
Youth Centres – San Remo, Gwandalan and Blue Haven
Hours – flexible delivery

Service Description:
Provide Information, Support and Referral in the Youth Cabin. Youth centres at San Remo, Blue Haven and Gwandalan. Community projects in the Northern Wyong shire
Gen Q program social, support group for questioning and same sex attracted young people
LINKS Youth Service aims to provide a fun and safe non threatening environment for young people aged 11 - 18 years to make social connections, participate in sport and recreational activities, and cater to the changing needs and demands of young people in the north of the Wyong Shire from Wadalba to Summerland Point within an assets based community development framework. LINKS Youth Services aims to provide best practice youth service provision to all young people inclusive of young people who are Aboriginal and Torres Straight Islander, Culturally and Linguistically Diverse, and Disabled or otherwise marginalised.

EARLY INTERVENTION AND ACTIVITIES CENTRAL COAST
Samaritans Foundation
10-12 Debra Anne Dr, Bateau Bay NSW 2261
Po Box 564, Wyong, NSW 2259

Phone: (02) 4332 1141
Fax: (02) 4333 6044
Mobile: 0409 950 022
Email: eiacc@samaritans.org.au
Web: www.samaritans.org.au
Hours Open: Monday – Friday (Hours vary)

Service Description:
Programs for young people within the KBT area aged between 10-18. These include drop-in programs, structured and unstructured group activities, one-on-one mentoring and case planning, information, support, referral and advocacy
OASIS YOUTH CENTRE
Salvation Army
Cnr Hely and Anzac Sts, Wyong
Po Box 57 Wyong, NSW 2259

Phone: (02) 4353 9799
Fax: (02) 4353 9550
Email: stuart.grice@aue.salvationarmy.org
Hour Open: Monday – Friday 9:00am – 5:00pm
Service Description:
Support, information and recreational activities for 12-24 years including: Case management, AOD support, Court support, Anger management, Training (accredited and non-accredited), Sport and Rec centre (climbing wall, sports court, skatepark, games tables, computer games and more), Thoughtful Food & Clothing (second hand store), Regen and Genr8 (female and male school based programs), Work experience and School Holiday programs.

UMINA PCYC
101 Osborne Avenue Umina Beach, NSW 2257

Phone: (02) 4344 7851
Fax: (02) 4344 7852
Email: uminabeach@pcycnsw.org.au
Web: www.pcycnsw.org.au/umina
Hours Open: Monday to Friday 3:30pm – 7:00pm
Service Description:
PCYC is a statewide partnership between young people, the community and the NSW Police Service working to assist young people to develop the qualities to be responsible citizens and leaders and to avoid becoming offenders or victims of crime.

BATEAU BAY PCYC
The Entrance Rd, Bateau Bay NSW 2261

Phone: (02) 4332 7000
Fax: (02) 4332 1071
Email: bateaubay@pcycnsw.org.au
Web: www.pcycnsw.org.au/bateaubay
Hours Open: Various – See site for details
Service Description:
PCYC is a statewide partnership between young people, the community and the NSW Police Service working to assist young people to develop the qualities to be responsible citizens and leaders and to avoid becoming offenders or victims of crime.
GETTING IT TOGETHER PROGRAM

Wesley Mission
38 Gilda Ave, Narara

Also Co-located at: The Web Youth Service, Woy Woy, Headspace Gosford and San Remo Neighbourhood Centre

Phone: (02) 4328 1053
Mobile: 0427 403601
Fax: (02) 4328 4798
Email: gits@wesleymission.org.au or sue.higgins@wesleymission.org.au
Web: www.vinnies.org.au
Hours Open: Monday – Friday 9am – 5pm

Service Description:
Outreach service for young people 12-18 with drug and alcohol issues. Holistic program dealing with the underlying issues that are impacting a young person’s life and their Drug & Alcohol use, through case management, referrals, and brokerage assistance.

THE AFTERCARE RESOURCE CENTRE

Relationships Australia

Parkside Building, 123 Donnison St, Gosford NSW 2250

Phone: (02) 4322 3659
Mobile: 0423 029 961
Fax: (02) 4322 3659
Email: arc@ransw.org.au
Web: www.nsw.relationships.com.au
Hours Open: Monday – Friday 8am – 4pm

Service Description:
The ARC provides support, information and resources to assist young people who have left or are about to leave out-of-home care. The support may be for housing, education, budgeting, parenting, or referral to other appropriate agencies as required. We can also help you to access our ward file and provide support you while you read it.
YOUTH CONNECTIONS PROGRAMME

Youth Connections

Unit 6/1 Reliance Dr, Tuggerah Business Park, Tuggerah
PO Box 3557 Tuggerah, NSW 2259

Phone: (02) 4350 2600
Fax: (02) 4350 2601
Email: lyn@youthconnections.com.au
Web: www.youthconnections.com.au

Hours Open: Monday – Friday 9:30am – 4:30pm
Service Description:
Support and assist young people (11-19 yrs) who have left school, or are thinking of leaving school, before completing Year 12 or a Certificate II level qualification to get back on track. We support their transition through school and from school to employment and further training through flexible and individual case management, youth outreach activities and alternate schooling options.

HAND BRAKE TURN

Concern Australia

10 Dignity Cres, West Gosford

Phone: (02) 4323 6309
Fax: (02) 4323 6389
Email: hbt.cc@concernaustralia.org.au
Web: www.concernaustralia.org.au/handbraketurn

Hours Open: Mon - Fri: 9am – 3pm
Service Description:
Accredited and Registered Training program in Certificate I Automotive, (Certificate II from 2011), for young people from age 15 yrs; providing ‘hands-on’ training in Motor Mechanics, Spray Painting, Panel Beating, OH&S, and car detailing. In addition to automotive training, HBT seeks to develop self-confidence, self-worth and enhance interpersonal and literacy skills, interview and job management training and motivation, communication skills and goal setting.
YOUNG PARENTS SUPPORT PROGRAM
Central Coast Family Support Service
21, Old Mt Penang Rd, Kariong
PO Box 7125, Kariong, NSW, 2250

Phone: (02) 4340 1585
Fax: (02) 4340 4772
Email: ccfss@ozemail.com.au or amberccfss@ozemail.com.au
Hours Open: Monday – Friday 9am – 4pm
Service Description:
The young parent support program provides home visiting and group based activities for pregnant
and parenting young people aged 13 to 21 years. This service supports young people in a variety of
settings with the aim to assisting the transition to parenthood.

REGIONAL YOUTH SUPPORT SERVICES INC
Parkside Building, 123 Donnison St Gosford
Po Box 1300, Gosford, NSW 2250

Phone: (02) 4323 2374
Fax: (02) 4323 3796
Email: administration@ryss.com.au
Hours Open: Monday-Friday: 9am – 6pm
Service Description:
Information, assessments & referrals to other agencies. RYSS is your point of access on the Central
Coast for high quality services, resources & facilities specifically tailored to people aged 12 to 24
years of age.
YOUTH SERVICES

Youth Connections

Unit 6/1 Reliance Dr, Tuggerah Business Park, Tuggerah
PO Box 3557 Tuggerah, NSW 2259

Phone: (02) 4350 2600
Fax: (02) 4350 2601
Email: maggie@youthconnections.com.au
Web: www.youthconnections.com.au

Hours Open: Monday – Friday 8:30am – 5:00pm

Service Description:
Youth Connections’ strategic goal is about “providing employment, education, training and recreational opportunities for young people to help them realise their full potential.”
We touch the lives of over 6000 young people annually; work with a database of 1200 local employers to place youth in work placement for their HSC or entry level positions; operate from every high school and TAFE campus on the Central Coast; have a commitment to work with our most vulnerable and disenfranchised youth, Aboriginal and disability and have developed programs, services and resources to ensure these young people are not left behind.

NORTH WYONG SHIRE YOUTH ARTS SERVICE

Wyong Neighbourhood Centre

Old Primary School, Cnr RankinCt and Alison Rd, Wyong
PO Box 411 Wyong, NSW 2259

Phone: (02) 4353 1750
Fax: (02) 4352 1209
Mobile: 0488 129 222
Email: madalyn@wyongneighbourhoodcentre.org.au

Hours Open: Monday – Thursday 9:30am – 4:30pm

Service Description:
NWSYAS implements, facilitates and advocates skills and professional based contemporary arts and culture projects, events, workshops and opportunities for young people (12-18yrs) living throughout Wyong Shire and the regions young emerging artists (18-25yrs), through employment, training and mentoring opportunities.
ABORIGINAL YOUTH HEALTH WORKER
NSCCAHS

*Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong
PO Box 361, Gosford, NSW 2250*

**Phone:** (02) 4356 9333  
**Fax:** (02) 4356 9350  
**Email:** ccyhs@nsccahs.health.nsw.gov.au  

**Hours Open:** Monday – Friday 8:30am – 5:00pm, except public holidays

**Service Description:**
Aboriginal Youth Health Worker: provides young Aboriginal people with health information, resources and skills for minimising health risks. Implements strategies to access young Aboriginal people in Gosford and Wyong LGAs. Advocates for development of appropriate youth services, and develop and implement health promotion and educational campaigns appropriate to young Aboriginal people. Contact the Worker on Duty at Youth Health or the Aboriginal Youth Health Worker, Monday to Friday, ph 4356 9333.

For other information about the Youth Health Service, see also Accommodation, ChIPS, Counselling, Drug and Alcohol Services, Health Services, Youth GP Clinics, Youth Health Clinic, Youth Health Outreach Worker, and Worker on Duty. Ph 4356 9333

OUTREACH TEAM
Samaritans

*Po Box 564, Wyong, NSW 2259*

**Phone:** (02) 4351 1922 or Freecall 1800 037 786  
**Fax:** (02) 4353 5337  
**Email:** steppingstones@samaritans.org.au  
**Web:** [www.samaritans.org.au](http://www.samaritans.org.au)

**Hours Open:** Seven days per week, 24hrs per day.

**Service Description:**
Crisis Accommodation for young people between the ages of 12 and 17 for up to 3 months.
YOUTH HEALTH WORKER
NSCCAHs

Ground Floor, Wyong Central Community Health Centre, 38a Pacific Hwy, Wyong
PO Box 361, Gosford, NSW 2250

Phone: (02) 4356 9333
Fax: (02) 4356 9350
Email: ccYhs@nsccahs.health.nsw.gov.au

Hours Open: Monday – Friday 8:30am – 5:00pm, except public holidays

Service Description:
Youth Health Outreach Worker: provides homeless and at-risk young people with health information, resources and skills for minimising health risks. Implements strategies to improve access to health services for homeless and at-risk young people in Gosford and Wyong LGAs. Advocates for development of appropriate youth services, and develop and implement health promotion and educational campaigns appropriate to homeless and at-risk young people. Contact the Worker on Duty at Youth Health or the Youth Health Outreach Worker, Monday to Friday, ph 4356 9333.

For other information about Youth Health Service, see also Accommodation, Aboriginal Youth Health Worker, Drug and Alcohol Services, ChlPS, Counselling, Health Services, Youth GP Clinics, Youth Health Clinic and Worker on Duty. Ph 4356 9333

PARKSIDE

Parkside Buildjng, 123 Donnison St Gosford
Po Box 1296, Gosford, NSW 2250

Phone: (02) 4323 1060
Fax: (02) 4323 7453
Email: parkside@parksideyouth.com.au

Hours Open: Monday-Friday: 8:30am – 5:00pm

Service Description:
Parkside is Multi Service Youth Service Centre, initiated by Regional Youth Support Services Inc and Employment Training (ET Australia). At present, Parkside houses 5 independent Youth Services. ARC, Post School Options, ET Australia, The Smith Family, Regional Youth Support Services, Youth Arts Warehouse and BWAC The New Apprenticeship Centre.
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